the Wharf.co.uk

FREE SEPTEMBER 12, 2013

We've made the trade

Royals do the deals in memory of 9/11 victims



The Duke of Cambridge and Prince Harry showed they were a deft hand at phone sales when they came to BGC in Canary Wharf to trade for charity. The annual event, attracting celebs and VIPs, marks the anniversary of 9/11 and this year featured the biggest ever trade – 25billion euros. More pictures on Page 3 and see who else attended at wharf.co.uk

Protesters turn East End into melting pot of discontent

NOT WELCOME HERE



ARMS
FAIR
Some 500
campaigners
held
protests at
the start
of arms
fair, DSEi,
at Excel in
Docklands.
Police
arrested 17.
Story / Page 10



MARCH
More than 300 people were arrested as police battled to keep the farright EDL away from counterdemonstrators from the antifascist UAF at the weekend Story / Page 8



SPECIAL ON URBAN FOOD

3 businesses turning kitchen table ideas into thriving concerns P4-7



JESSIE J RUNS TO THE BEAT 12,000 get going for musical marathon P60



WEATHER 19C TODAY Light rain 21C FRIDAY Showers 17C SATURDAY Showers 19C SUNDAY Partly cloudy 16C MONDAY Partly cloudy

TUBE & DLR
Jubilee line has no service
between Finchley Road
and Waterloo on Sunday
until 11am.The DLR has no
planned works.
ROADS

No problems.



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ESTABLISHED 1998

What happened to the boozy lunch?

ccasionally, I have a good old-fashioned working lunch. One where you barely touch the topic of business and instead screech your way through the wine list, until you stumble out the now empty restaurant, and end up face down in the back of a cab. No point going back to the office now.

Watching my fellow Wharfers discuss growth predictions over lemonade makes me fear the old school method of a working lunch should be placed on the endangered species list.

The traditional boozy Wharf lunch is looking like a fat Dodo, about to

BLONDE'S EVE VIEW



get roasted and then conservatively shared over some Pellegrino.

Work socialising is increasingly complicated. When your business associate orders salad and a still water, are they signalling financial restraint, or are they detoxing?

The boozy working lunch is under attack from budget cuts and dieting, from belt tightening in a figurative and a literal sense.

What happens if you fancy steak and the Malbe? Will they panic at the prospect of an expenses inquiry, or glare at you for enjoying the things their healthy eating plan forbids?

Tension is never going to get this

deal done. Because, once they've asked you if you got away during August, they really do want to talk about work. I hate this part. It makes me feel like I should have prepared pie charts and graphs, instead of coming armed with gossip titbits and laughs.

As working lunches are seen as trivial, I fear for the day I'm asked to go Dutch on the bill by my work date. This happened to a friend of mine. It's not an urban myth, people. You've been warned: don't order the Krug. The boozy working lunch is dead. Long live the boozy working lunch. Follow Angela on Twitter:

@TheAngelaClarke

London eye



60 Second Wharf

NEWS

Fresh to your table

At the beginning of Urban Food Fortnight, we talk to three East End businesses creating a stir. **News special • Pages 4-7**

Firefighters to rescue

Two off-duty firefighters saved the life of a Charlton Athletic fan who had collapsed and stopped breathing. News • Page 10

We've got it going on

Tech City in London can take on Silicon Valley as a global hub and win says the founder of Wikipedia. Business • Page 54

FEATURES

Shonibare's show

East London's Yinka Shonibare continues his interest in identity with an exhibition in Greenwich. **What's On • Page 12**

Raise a glass to park life

Millwall Park is preparing to welcome tens of thousands of revellers for a major German beer festival.

Food • Page 51

Out on the street

Two women have turned their online detox store into a physical one, with a new shop in Greenwich. **Health • Page 52**



What our writers are talking about



■ One by one, the lovely ladies placed their orders: Nicoise Salad; Caesar Salad ("hold the Caesar sauce and croutons").

Tabitha Ronson

■ The zillionaires can look after themselves but the others need government to allow thousands of new homes to be built; John Biggs

■ Last season when N'Guessan was substituted despite being a substitute himself you knew the writing was on the wall.

lan Toal

■ We always like James Hunt - what's not to like? - but we come to respect Lauda, thanks to Daniel Bruhl's performance. Giles Broadbent

Corrections & Clarifications

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Trading on their fame









Clockwise from top left, Penny Lancaster, Idris Elba, Rod Stewart, Mel C, Rob **Brydon talks** to Andre Villas-Boas and Cerys Matthews





NEWS IN Around Canary Wharf

First shop to open in mall extension

CANARY WHARF Oliver Bonas has become the first new shop within the Jubilee Place Mall extension to open its doors.
The department store, which

sells homeware, jewellery and clothing from brands including Vero Moda, gave shoppers an excuse to splash out before the weekend after its unveiling on

Meanwhile, the distinctive floral print of lifestyle brand Cath Kidston has adorned the hoardings of another retail space in the lower section of the mall and is set to open for business on

Quiz night will test trivia talents

CANARY WHARF Fancy yourself as the brainbox of the Wharf?

Then round up a team for the Canary Wharf Quiz Night on Wednesday (September 18).

Taking place at the East Wintergarden, teams will pit their wits against each other in an attempt to secure the top prize of £250.

Entry costs £15 per team. Register in advance at arts&events@canarywharf.com.



VIPs turn up for an unusual day at the office

Beth.Allcock

rinces William and secured record deal on the BGC trading floor as celebrities, sportspeople and musicians visited the Canary Wharf brokerage for its September 11 Charity Day yesterday (Wednesday).

Amid a flurry of phone calls, shouting and statistics, the royal duo kept their cool to close a forward foreign exchange trade of 25 billion euros, with any sibling rivalry put aside as the younger prince chatted to while the Duke of Cambridge liaised with Citibank

After two joint attempts before going it alone with the brokers, the brothers re-joined for one final effort, with smiles and laughter as Prince Harry joked "it's all baby chat" after listening to his brother's trading talk.

BGC broker Nick Thompson, 45. said of Prince Harry's efforts: "He would be a natural at it. He's very laid back. He did very well."

Earlier in the morning, the



"He would be a natural at it. He's very laid back. He did very well." **Broker Nick Thompson**

Duke of Cambridge met representatives from educational charity SkillForce, of which he is patron, while his brother chatted to those benefitting from the work of WellChild.



Harry and Wills take to the phones at BGC in the Wharf

Eleanor Brotherton, 14, was chosen by WellChild to meet Prince Harry after suffering a twisted bowel in March, resulting in coeliac disease.

She said: "He was really nice, he's just like a normal person. You think he's kind of posh but he's not really."
Star of *The Wire* and *Luther*,

Idris Elba was also making deals for the MTV Staying Alive Foundation.

His appearance came a day after receiving rave reviews for his performance in the film Long Walk To Freedom, in which he plays Nelson Mandela.

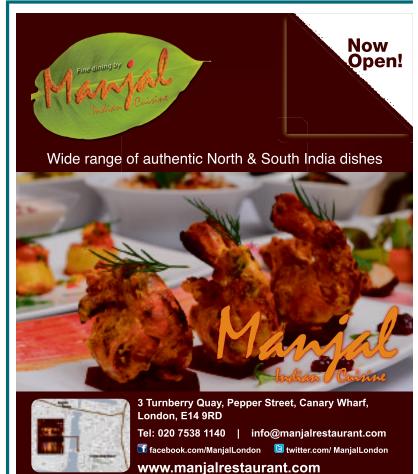
"I wasn't worried," he said. "Nelson Mandela is an icon and I'm just a vessel for that. If I get it right and people connect to it then that's great but it never worried me."

Asked whether he ever fancied a career in banking, Elba, who grew up in nearby Canning Town, said: "Funnily enough a friend of mine is a trader and was writing a show about it so I got to find out a fair bit from my input. It's cut and thrust, it's aggressive and it's exciting."

Rob Brydon Comedian told The Wharf things were "testosterony" on the trading floor although he wouldn't be attempting to secure a deal.

"I hope not," he joked. "BGC deserve to stay in business."

The Charity Day was held to commemorate colleagues who lost their lives on 9/11 with the celebrities raising money for dozens of charities.



We're living the dream with our hot, hot sauces

Urban Food Fortnight begins on Saturday, showcasing the best of produce grown and cooked here in the city. We visit three east London producers to find out the secret of their culinary success and their passion for small-scale sustainable enterprises

Urban Food Fortnight details » Page 7



Also at Gants Hill - Tel: 020 8550 8886

Beth.Allcock @wharf co uk

here's an infectious babble of laughter bursting out from the heart of Vivienne Downes' home - her kitchen.

The charismatic grandmother who is more commonly known to her fellow east Londoners as MaMa V – is sharing a joke with daughter and business partner Marie Morgan-

And it's smiles all round as the pair tell the tale of MaMa V's Seasoning and Sauces, their one-year-old business with a passion for food and family values at its core.

While you'll find Vivienne, Marie and her sister, Helen Downes, concocting the perfect flavour combinations in the Êast End kitchen, Marie's brother, Marcus Morgan Valentine will be managing the office with Marie's husband, David, scooping the tastetesting role.

The grandchildren are also ready to lend a little helping hand with the all-important labelling.

Growing up with the waft of her aunt's culinary creations greeting her as she arrived home from school in Jamaica, Vivienne said a passion for

cooking "has always been in me".

And after months spent filling the shelves of her fridge with what would turn out to be two of her trio of products – MaMa V's All Purpose Green Seasoning and MaMa V's Hot Pepper Sauce – it took a dose of dreamland to kick-start the family firm.

"When my father retired he relocated back to Jamaica, but he came here for my sister's wedding five years ago," said Vivienne, 59.

He came downstairs and said I want to tell you something. I had a dream last night, you make seasoning and pepper sauce and you give it away. Don't. You need to stop giving it away and start selling it'.

"He had dreamt I had a stall and someone came to buy my products but I wasn't there and they bought it from somewhere else and it wasn't as

"I just saw it as a hobby and

something I would do because of my husband Robert. I cook with onions but, if he sees onions in the food, it puts him off.

"I used to be grating onion with tears coming down and I thought, for goodness sake, there's got to be an easier way to do this.

"I thought, how about putting everything I use to season in a bowl and mixing it up in a bottle and put it in the fridge - so that's what I did.'

Marie Morgan-Henfrey, left, and Vivienne Downes at home in Newham The creation of MaMa V's bestselling Hot Pepper Sauce, filled to the brim with Jamaican Scotch Bonnet Pepper, came from similar origins after Guyanan Robert sampled a much-too vinegary Encona sauce.

After mother and daughter took redundancy packages from their respective jobs, the pair – both armed with experience as chefs, a secret ingredient and Marie's business studies qualifications – the MaMa V's brand was born last August.

With all bottles and jars emblazoned with MaMa V's visage, the product has been popular with the public ever since it's launch at Canning Town's Rathbone Market.

And 42-year-old Marie said the support from family, friends and customers, had been amazing.

"The first two years of the business are the riskiest and you can rise and fall, so we are doing everything slowly," she added.

"Dragon's Den is a fantastic show, but that's not us, and they want a huge amount of your business for their expertise.

"We are happy to do the tortoise approach rather than the hare approach."

With a few local stockists, a pitch at Woodgrange Market Place and a second stint at Urban Food Fortnight, the future is looking hot.

"I'm keen to keep it as a family thing," said Vivienne. "That's the way we are, and the way I was brought up and I want to make sure it remains the

"I want it to be handed down to the next generation and, so far, so good," Go to facebook.com/MaMa.V.Seasoning, call 07985 217 803 or email MaMaV. Seasoning@qmail.com.





As well as Urban Food week, pick up your trio of MaMa V's sauces at Woodgrange Market Place; Number 8 Forest Gate Emporium; The Gowlett Arms pub, Peckham. MaMa V's All Purpose Green

Seasoning, £2.80 MaMa V's Hot Pepper Sauce, £2.30 MaMa V's Honey and Pepper Dipping Sauce, £2.50



Food special



Rejected by big brands, but perfect for chutneys

RUBIES IN THE RUBBLE

Rob.Virtue

@wharf.co.uk

he custom of making jams and chutneys by hand is usually confined to rural England.
However, Rubies In The Rubble has brought it to the heart of east London.

Operating out of two portable buildings in the urban surroundings of New Spitalfields Market, just yards from the Olympic Stadium, entrepreneurial duo Jenny Dawson and Alicia Lawson see the business as an ideal way to make delicious food while also doing their bit for the sustainability.

Alicia, who joined founder Jenny at the company a year ago, said it all stemmed from the childhood of her business partner, who grew up on a farm in Scotland

"As is tradition, with the glut of fruit and vegetables they would make preserves," said Alicia. "You would take something which would last just a few days and you turn it into a product which would last all year round.

"What we're doing is no different to a food glut in the country but this is one on a more vast scale and set in an urban environment.



At the Spitalfields site, director Alicia Lawson, right, and founder Jenny Dawson



"It's a traditional concept not usually done on a commercial level."

The reduction in food waste has always been the main inspiration for Rubies In The Rubble since it was established in 2011.

The company estimates millions of tonnes of fruit and vegetables are thrown away each year, so they work with market traders and farmers to take on unwanted goods.

"If you see a cucumber that's come from Spain, been picked, packed and shipped, stayed here for a few days but not been sold and then is repacked and sent off for compost or landfill it is such a shame," said Alicia, 24.

"Then you have farms which are providing to supermarkets to stringent quotas on specific sizes, shapes and texture so a lot of perfectly good food goes unused."

It's a concept which has seen the business gather strong momentum. A year ago Rubies In The Rubble had

Continued on next page



Guided by our green principles

From previous page

a stall once a week at Borough Market and supplied to just one stockist.

Now the products go out to 25 London stockists, from Selfridges and Fortnum and Masons to east London delis.

It is also working with two UK distributors and one in France.

And a recent deal with Waitrose

Rubies in the Rubble products
are now sold in nine of the stores
including the one in Canary Wharf

- saw the number of part-time
employees double to four.

The expansion coincided with the company moving out of charity kitchens and taking up residency in the market.

"We go to high end stockists, such as Waitrose, because it's not a cheap product to make," said Alicia. "We're processing ingredients from fresh completely by hand. We're peeling, we're stoning mangoes and chopping everything with no machinery."

Being a company built on a social conscience, as well as promoting sustainability, it is also providing work to those who need it. Links with homeless charity Crisis and led to the hiring of two workers.

For the management these



Alicia Lawson labelling jars

fundamental principles are key. And it's part of what persuaded Alicia to join Jenny, 27, after the two met at a party.

"I was studying Classics at Oxford before this, so it was straight out of the library and into the kitchen," said Alicia. "I always wanted to work for a charity in international development but realised there was a lot of problems on our own doorstop.

"When I met Jenny it ticked all the boxes – it was environmentally minded, supported those in the community and it was also about building a business.

"And, if you ask anyone who knows me, they will tell you I can't abide food waste."

Go to rubiesintherubble.com

Spreading the word about true flavours

ENGLAND PRESERVES

Our preserves are as close to fresh fruit flavours as possible

Kay.Lockett

ky Cracknell and Kai Knutsen are spreading their love of British produce by crafting high quality jams, with flavours that reflect the English countryside, from their Bermondsey base underneath railway arches.

Serving up the perfect spread has taken them on a journey from their domestic kitchen hob and small farmers markets to the shelves of Selfridges and supplying top catering companies.

The breakfast buffet at Four Seasons in Canary Wharf features their signature strawberry jam lathered with butter on a warm thick cut slice of granary.

England Preserves began in 2001 and has grown from daily batches of 40 jars to 2000. The range is made from locally sourced orchard fruits



Sky Cracknell: Strawberry is tops



and berries, cooked without boiling for clear, distinct flavours and bright, beautiful colours.

Sky said: "Preserves are such an emotional plug to people – they get so excited by them – they're nostalgic."

Both Sky and Kai come from arts backgrounds and worked together at Borough Market and were inspired by the British orientated buzz about the place

Kai said: "There was a re-evalution and re-appreciation of British food happening."

Sky added: "We had come from homes where we made preserves and it was something we realised we could start on a small scale.

"We immersed ourselves in developing our knowledge, techniques and recipes and it became an obsession. It all started as an experiment then we pitched up a small farmers market with our kitchen table and a bed sheet. People were so supportive."

The pair started the business with little capital and only a small loan from The Prince's Trust allowed them to buy a cooker and a few pans.

Sky said: "Sourcing of ingredients was almost the primary inspiration for the business. We wanted to create a reflection of the English countryside





Food special



and culture. And small-based manufacturing in London is really important and something we are dedicated to.

"It's about the flavour – the lower the sugar the better the aromatics. Sugar enhances the flavour but add too much and you can't taste the fruit. We want to get as close to the fresh fruit taste as possible.

"When you open a jar of our jam everyone around the table should smell the fruit not the sugar."

Kai said: There are different camps in the jam world – the WI style traditional method that involves just lots of sugar and boiling, which is very sweet. Then there is us that is the polar opposite, where we use high fruit content and we don't boil.

"Our flavours are simple. Our best selling products are strawberry and raspberry jam and marmalade. Strawberry jam is the hardest to make because strawberries are mainly water."

If you would like to sample England Preserves and find out where the jam is made, then you can visit Spa Terminus, Bermondsey on Saturday mornings between 8am and noon.

The arches turn into shop fronts for the local artisan producers which Kai describes as "all the best stuff from Borough Market without the tourists".

Sky said: "As far as I know we have a unique methodology. If you can master the alchemy of preserving the fruit then that's the holy grail." Go to englandpreserves.co.uk



Kai Knutsen: Balancing sugar and fruit is crucial

CCTV released of attack pair

CRIME

CCTV has been released by police in a bid to catch two men who attacked a 28-year-old in front of his girlfriend at South Quay DLR station.

Det Sgt Fin Egan said: "The 28-year-old victim, from Finchley, was in the station when he had a verbal disagreement with two men.

"As the victim left the station with his girlfriend, he was repeatedly punched in the face by the duo.

"Officers attended and the man was taken to Royal London Hospital where he was treated for the loss of four teeth.

"He has since been discharged from hospital."

Police are also appealing for witnesses of the incident to come forward.

Anyone with information is asked to contact British Transport Police on 0800 40 50 40, or text 61016, quoting background reference B5/LUA of 06/09/13



Police are seeking two men

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DETAILS

LONDON is showcasing local produce being grown, produced and cooked in the city in the second Urban Food Fortnight which runs September 14-29.

Organisers Ethical Eats has teamed up with Capital Growth to bring together London's enterprising food growers, producers and sustainable chefs to serve up local produce, while supporting community food growing spaces.

During the two weeks, restaurants, cafés, bars and pubs across the city will showcase dishes and drinks made with fruit, veg and herbs from urban farms, and from London honey cultivated in community beehives.

Among the events are:

Stepney City Fling (Sept
14) when Stepney City Farm
donkeys will deliver fresh
herbs to local pubs.

■ Midnight Apothecary

at the Brunel Museum Gardens, Rotherhithe (Sats and Suns), a bar serving cocktails laced with fruit and herbs.

Organiclea Sustainable Bee-Keeping Course (Sept 21-22) at Hawkwood Nursery, E4.

While restaurants across the capital will be showcasing dishes featuring urban produce. Go to sustainweb.org/ ethicaleats/events/





linda@majingos.net t: 0207 531 6060 (Call between 10am-3pm)

m: 07890 207642 (Call between 3pm-3am) 187 Marsh Wall | South Quay | London E14 98H

NEWS IN

Around east London

Affordable rent level under fire

EAST LONDON Mayor of London Boris Johnson's plans to set affordable rent rates at 80 per cent of the market price has led Tower Hamlets Council to seek legal action.

The local authority says the majority of its residents could not afford that, arguing for a limit of 65 per cent for a one bed property.

The council is one of four preparing for legal action.

John Biggs / Page 50

Tribute to officer killed in crash

EAST LONDON A police officer killed in crash has been praised by the chief of Tower Hamlets Police.

PC Shazahan Wadud, 29, who had served the force in the borough for six years, and was based at Limehouse, died on Sunday evening when his motorbike collided with a car in Wanstead.

Borough Commander, Chief Superintendent Dave Stringer, said: "Shazahan was a highly motivated and professional officer who was held in high esteem by all of his colleagues."

Police keep factions apart





3,000 police were on call to control protesters and keep the EDL and the anti-fascist factions apart. Below, EDL leader Tommy Robinson

POLITICS

Rob.Virtue

@wharf.co.uk

SATURDAY'S English Defence League demonstration and the counterprotest organised by United Against Fascism saw police arrest 300 people.

Among them was Stephen Lennon – otherwise known as EDL leader Tommy Robinson – who was taken into custody.

The Met Police said 286 of the arrests – the vast majority from the UAF demo in Tower Hamlets – were

for breaching conditions imposed by the police ahead of the protests. They broke away from the official route and were heading to Tower Bridge, where the EDL was congregating.

The other 14 were for offences including violent disorder and criminal damage.

Alongside, Lennon, 30, a 15-year-old boy was charged under the Public Order Act. He will appear at a youth court in Camberwell Magistrates in September.

Lennon was charged with failing to comply with Section 14 of the 1986 Public Order Act and also inciting others to break the same law. He will appear in court on October 22.

Police had ordered the EDL to not go further east than the Mansell Street junction of Aldgate High Street.

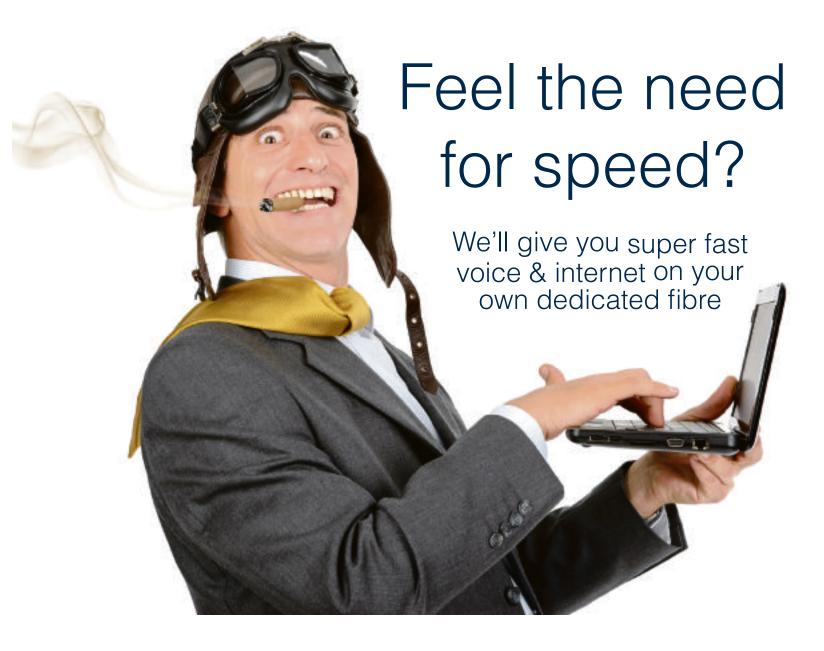
The UAF was restricted to Tower Hamlets.

Chief Supt Jim Read said there had been sporadic clashes during the day and five people were injured.

"Our intention was to prevent violence and show support to the local communities and we believe we achieved this today," Chief Supt Read said. "The key point is the two groups did not meet."







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Clinton Walsh, above, and Steve Nolan, inset, with John Lawrence

Stewards save fan's life

A CHARLTON Athletic supporter who suffered a heart attack at a Championship match was saved thanks to the actions of two off-duty firefighters.

John Lawrence, 70, collapsed following the game at The Valley against Leicester City.

against Leicester City.

Watch manager Clinton Walsh, from Millwall Fire Station, and colleague Firefighter Steve Nolan (pictured above with John), were working as stewards inside the ground and quickly performed CPR.

Clinton said they saw John lying on his back and unresponsive.

"That's when our training came into force and I began to check his

pulse, listen for breaths and listen to his chest for signs of life.

"Steve was continuously trying to get a response, it was obvious that the person had no pulse or visible signs of life. He then took a gasp for breath, so we then started to administer CPR."

The duo asked for a defibrillator from the club's medical room and carried on with CPR until a doctor and paramedics arrived at the scene

"Both Steve and I have since visited John in hospital, as he requested to see us to thank us for saving his life. His family were also extremely grateful to us."

Rob Virtue

Syria ignites fury of arms fair protesters

PROTEST

Arrests and demos as campaigners lay seige to Excel expo

Rob.Virtue

rotesters against the arms fair taking place at Excel barricaded roads around the convention centre this week leading to 17 arrests.

Around 500 campaigners against the UK Government-sponsored event, which is held every two years at the Royal Docks, attended Sunday's demonstration.

They held up vehicles arriving into the exhibition centre, which was expected to see 28,000 delegates attend the Defence Security Equipment International (DSEi) to view the latest in warfare technology.

The Campaign Against Arms Trade claims a host of countries which according to the Foreign Office have "the most serious wide-ranging human rights concerns" had been invited to attend, including Iraq, Afghanistan, Libya and Pakistan.



Mark Weaver, above, and Hilary Smith and Daniel Goronyi, below





Mark Weaver, 32, from Yorkshire, who was arrested by police on Sunday, said: "Around 28,000 people from 150 countries will attend this arms fair. People from all major military states.

"One of the most poignant things about this year's arms fair is a stall devoted to 'non-lethal systems'. They are sold to places like Turkey and Brazil where they can be used on people doing what we're just doing here"

Daniel Gardonyi, 32, from Hungary, was also part of the group based at the eastern end of the Excel. He said recent events in the Middle East had boosted numbers of protesters.

"It's a broad demographic of people including your everyday mums and







grandmothers who are concerned about what's going on," he said.

"We've also had a priest, Tibetan Buddhist monks and quakers. Syria has made people think about where these weapons come from.'

Protester Hilary Smith, 55, from Sheffield, said: "The sheer scale of this event is shocking and that's why you have had so many people here.
"With one hand the UK Government

is providing humanitarian aid for Syrian refugees while with the other it's sponsoring events like this."

Further actions have taken place throughout the week including a "meet and greet" with delegates arriving via London City Airport.

DSEi has defended the event. A statement said: "Those companies approved to exhibit at DSEi are



subject to regular compliance checks throughout DSEI which are carried out by HMRC and staff from DSEi's internal compliance team.

Above Protesters lie in the road during a demonstration against an arms fair at the ExceL Centre in Docklands

Left, A Church of England priests . carries out an 'exorcism" to banish demons during a demonstration

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Girl honoured for bomb work

CANARY WHARF A

campaign group set up by victims of the Docklands bomb has recognised a teenage student for her work in combating terrorism.

Hunna Ihsan, 16, of Marymount International School in west London, has been working with campaigners at the Docklands Victims Association for the past year.

During a school assembly, she was presented with a trophy for "outstanding services to humanity". She also received a £1,000 grant.

Flying Squad thwart raiders

STRATFORD An attempted raid on a jewellery store in Westfield Stratford City was thwarted by the Met Police's Flying Squad last week.

Detectives arrested four men at the scene after the window to the Brietling shop was smashed in the incident just after midnight

last Thursday. Armed with axes and hammers the group were apprehended before any goods were taken.

A fifth man, waiting in a vehicle outside the shopping centre, made off, but was traced to Islington.

Top prof talks to new pupils

newly East London Science School had a first day to remember as they listened to a speech from Lord

The maiden intake of Year Seven pupils who will study within the Grade II listed Clock Mill, in Bromley by Bow, visited Imperial College on Monday for the talk by

to encourage our pupils to be part of a new cultural and scientific renaissance here in the East End.

EAST LONDON Pupils at the Robert Winston.

the IVF pioneer. Founder and principal David Perks said: "We hope

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What's On

Stage

Kinnear presents his debut play



Award-winning Hamlet actor Rory Kinnear has set down his skull and picked up his quill for his debut play. In **The Herd**, Andy Griffith is

celebrating his 21st birthday. His mother is counting the minutes until he arrives, with surprise guests in tow and not for the first time.

Sept 13-Oct 26, Bush Theatre, £15 (£10), bushtheatre.co.uk

Chance to join in the harmonies

Hit the those high notes for a chance to join The London Docklands Singers at an open rehearsal on Saturday at Christ Church, Manchester Road, Isle of Dogs.

The choir is looking for new members in all voice parts to attend the free event.

The rehearsal will include choral classics such as the Halle-lujah Chorus and Mozart's Ave Verum Corpus. There will also be an opportunity to rehearse Mozart's Coronation Mass, which will be performed at St Paul's Church, Covent Garden, on November 16. Sept 14, Christ Church. 11am-3pm, register at Idsingers openrehearsal.eventbrite.co.uk.

Stage

Rare revival of **Brecht's treatise**



Considered controversial in its time, Bertolt Brecht's In The Jungle Of The Cities is a surreal, metaphorical exploration of themes relevant again, including economics,

immigration, race and poverty.
SplitMoon Theatre mix menace and humour, music and movement to give this rarelystaged work a revival. Sept 18-Oct 5, Arcola, £14-£18, arcolatheatre.com

Diary Shonibare makes return journey to maritime past

EXHIBITION

Artist pursues his artistic interest in Nelson and identity across museums

Giles Broadbent @wharf.co.uk

text message fund-raising campaign last year saw artist Yinka Shonibare's most famous work Nelson's Ship In A Bottle secured for the National Maritime Museum and take pride of place at the new King William Walk entrance.

Now the Hackney-based artist gets full run of the Greenwich royal museums in a new exhibition that includes a site-specific commission and sculptures never seen in this country before.

In the Queen's House, Shonibare continues his relationship with Nelson in displays across three rooms. Nelson's Jacket and Fanny's Dress, both shown in the UK for the first time, take the form of period costumes made in the artist's signature Dutch wax fabric.

The Fake Death Pictures series depicts five very different visions of Nelson's death at the battle of Trafalgar. Each photograph recreates a famous artistic death scene, referencing paintings by other artists but replacing their protagonists with the maritime hero.

The Queen's House lawn is dominated by *Wind Sculpture*, previously debuted at Yorkshire Sculpture Park. This large work echoes the billowing sails of a historical ship such as seen in the artist's Nelson's Ship In A Bottle.

the Royal Observatory, a specially commissioned piece, Cheeky



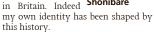
One of Yinka Shonibare's Fake Death Pictures, above, and Nelson's Jacket, below



Little Astronomer, is displayed in the Astronomer Royal's apartments in Flamsteed House. The sculpture, which is the latest in the Shonibare's Planets In My Head series, reflects the

dual nature of the rooms - as a family home and scientific hub.

Shonibare said: "Britain's maritime history has made a large contribution to the history of multi-culturalism in Britain. Indeed Shonibare



"Nelson's Ship in a Bottle and other works I will be presenting at Royal Museums Greenwich are a playful and provocative way of exploring multiculturalism in Britain today.

Curator Melanie Vandenbrouck said: "It is exciting to continue the conversation we started with Yinka Shonibare when we acquired Nelson's Ship in a Bottle.

"His spirited and thought-provoking work resonates in significant ways with this institution.

"It encourages us to look at our collections with fresh eyes, and ask different questions about our maritime and stargazing past."

Yinka Shonibare MBE At Greenwich is supported by a full programme of events including curator's tours, talks and debates.

Sept 18-Feb 23, Royal Museums Greenwich, some locations require paid tickets, rmg.co.uk for details

Tinker, tailor, soldier, projectionist

he Barbican Cinema is continuing its celebration of the 50th anniversary of Cold War thriller novel The Spy Who Came in From The Cold with a series of John le Carré adaptations.

The season continues with The Deadly Affair adapted from the 1961 novel Call For The Dead. a member of the British Foreign Office dies from an apparent suicide. Secret agent Charles Dobbs (James Mason) opens an investigation, hoping the man's wife (Simone Signoret) - a Holocaust

However, things become complicated when he suspects he is being followed.

1966, Dir Sidney Lumet, 12A 107mins) Sept 14, 4pm.

Also to come: A Murder of Quality (15) 1991, Dir: Gavin Millar, 103min, Sept 21, 4pm.

Le Carré's detective-hero George Smiley (Denholm Elliott) comes out of retirement to look for answers in a mysterious murder at a boys' boarding school, where secret societies, rituals and abuse are the norm.

Tinker, Tailor, Soldier, Spy (15) 2011, Dir: Tomas Alfredson 127min, Sept 28, 4pm

George Smiley (Gary Oldman) returns, this time to help flush out a Soviet spy in the British secret service, but he must navigate a dense web of betrayals and bluffs to find the mole. The all-star cast includes Colin Firth, John Hurt, Tom Hardy and Benedict Cumberbatch. Tickets from £8.40, under 18s £6. Go to barbican.org.uk/film



Gary Oldman as George Smiley

What's On

Sex, death and glory in ultimate thrill ride



Liam Hemsworth, above, as James Hunt and Daniel Bruhl, below, as Niki Lauda

SCREEN

Rush

(15) 122mins

he last time director Ron Howard and writer Peter Morgan came together, the resulting film saw a couple of 70s icons go head to head. One was a jetsetting playboy Brit with a penchant for air hostesses, the other an unpopular but driven enigma.

That was Frost and Nixon. This time it's James Hunt and Niki Lauda and instead of a studio and a clipboard, the figures do battle in the deathor-glory world of Formula One

The result – of Morgan's characters and Howard's vision – is a stunning and absorbing film that works as both a spectacle and human drama. Surely, one of the most accomplished and satisfying sporting movies ever made.

Howard is used to capturing men at the edge (Apollo 13, Backdraft) and there is a distinctly Hollywood feel to

White House Down

THEME

the rivalry between the seatof-his-pants Hunt and the snippily clinical Austrian as they renew their rivalry in the 1976 World Championship.

But with crashes, disfigurements, sex, drugs, death and a cliffhanger finish built into the truth, Howard does not feel the need to lay on the Hollywood syrup. Indeed, *Rush* – with independent funding, authentic settings, low down and dirty camera work during exhilarating race sequences and an emphasis on the faces behind the visors - the film has an European aesthetic.

Two powerful performances

aid the cause. Liam Hemsworth chucks away Thor's hammer and grabs a glass and a gal to construct the cheeky charmer.

"Hunt, James Hunt," he says by way of introduction and we're immediately reminded of that *other* roguish James.

Daniel Bruhl has the

harder challenge. Niki Lauda was never liked and often coldly cutting but his steely recuperation to return to the track just weeks after a nearfatal injury is nothing short of miraculous.

We always like James Hunt what's not to like? – but we come to respect and admire Lauda, thanks to Bruhl's low-key conviction.

In the end, the finishing lines of Morgan's script are unadventurous - our rivals drive us more than our friends - but the journey to that chequered flag is one hell of a race.

Giles Broadbent

Our verdict

Stunning and absorbing as both a spectacle and drama

SCREEN

In A World...

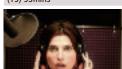
(15) 93mins



Channing Tatum as the action man and Jamie Foxx as the president have the chemistry but director Roland Emmerich piles on the cliches and wastes a good concept in this Die Hard style actioner.

A paramilitary group assaults the White House and only a cop recently rejected for a job by the Secret Service can stop them. Entertaining but silly.





This funny satire, which will particularly tickle film buffs, was written by Lake Bell who stars as a struggling vocal coach who strikes it big in the cutthroat world of movietrailer voiceovers, only to find herself in direct competition with the industry's reigning king - her father.

Bell won a Sundance award for her script who also directed this little gem.



SCREEN Insidious 2 (15) 105mins



The creative team reunite for a second chapter in the story of the haunted Lambert family as they seek to uncover the childhood secret that has left them dangerously connected to the spirit world.

When the family begins to notice strange behavior from the father, they start to wonder whether Josh brought something back from the Further.



BACKYARD

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"Special event times may differ – please check ticket purchase confirmation. Over 18's only.

I went with the crowd and not with the garlic mash

was invited out to dinner by a select group of school mums earlier in the

I know one of them quite well, grabbing a coffee with her when I can; the other two simply to nod and smile at on the morning school run.

on the morning school run.
All three of them are super fit and stylish. They go for morning runs together, are part of a ladies' road cycling club that meets at weekends and are never seen with a chipped nail or offending root.

It would make me feel a whole lot

better if I could say they were ladies of leisure and that's the reason why they have the time to take such great care of themselves.

However, this is not the case. Each of them works. They also have more children to look after than I do. In other words I really do have no

excuse for my wobbly bits and split ends. The menu was ripe with choices. I sat there salivating over the dishes, strug-

gling to decide which of the delights I would choose to indulge my taste buds. It's been a while since I last went out to

MUM



a decent restaurant so I wanted to make the most of this outing.

I turned in anticipation to the waiter when her came to take our choices.

One by one, the others placed their orders: Nicoise Salad; Caesar Salad ("hold the Caesar sauce and croutons" – so lettuce and chicken, then?); Lightly salted cod in aioli a la Languedocienne...

I looked at the three svelte lovelies around the table. Thin, gorgeous – and, unlike me, obviously incredibly disciplined.

My heart sank. I turned back to the

1995 A giant statue

down the Thames and passed the

single skyscraper of Canary Wharf. The monument was to

mark the singer's

HIStory album.
The story goes that record executives

asked the king of

pop how he would like to promote

the album. "Build

Bridge was raised

fibre statute pass and it was moored

near the Tower of

London for a week before touring the

to let the 30ft glass

a statue of me," he replied. Tower

of Michael Jackson was towed

menu and the parmesan crumbed hung Herefordshire beef with garlic mash and roast king oyster mushroom red wine jus screamed out at me. It was longing to be eaten.

"And what can I get you?" the charming waiter hovered, pen poised. I sucked in my tummy and pulled in

my glutes. Did I dare?

"I'll take the Nicoise salad, too," I mumbled.

Working Mum, angry at myself for being such a conformist – and seriously cross at missing out on one seriously good feast.

POLITICAL VIEWPOINT

By John Biggs

Affordability is foundation of diverse society

t City Hall, we held a crucial meeting about rents in London – and the ability of councils to use planning powers to decide what they think is an "affordable rent"

You will understand its importance given the crisis of affordability in London. And it will help to determine just who can live in our city, and different parts of it. Just leaving rents to the market will create a very divided city, which is why the principle of some control is supported even by those who otherwise support the free market.

The Mayor of London has a policy, supported by Government, that "affordable" includes a rent up to 80% of the



The zillionaires can look after themselves, others need help

market price. Outside London, that may be reasonable. But here it doesn't work – our city needs, as I never tire of saying, genuinely affordable homes for all Londoners, from minimum wage to zillionaires.

The zillionaires can look after themselves but the others need government to allow thousands of new homes to be built; to nudge the rents back down again, which isn't happening; or a form of regulation.

In the meeting last week the London Mayor got his way – 80%, against arguments for lower levels in different parts of London.

But the story has a long way to go. If we want the mixed communities and quality of life all Londoners should enjoy we need our politicians to work harder, and crack this problem. Our future, and our communities, depend on it.

London Assembly Member, City & East



Wharfinger The long view



2006 An artist's impression of a bridge that would link Canary Wharf with Rotherhithe. The idea was for the bridge to be in place in time for the Olympics but, obviously, it never happened. The £65million project to build a bridge for pedestrians and cyclists had been developed by cycling charity Sustrans and was studied by TfL. The bridge would have been able to raise itself to let craft pass. However, Mayor Boris Johnson scrapped the idea along with the Thames Gateway Bridge.



High Five Best tablets on the market

Move over laptops, your reign is over. The march of the tablets continues with better battery life, apps and convenience



Google Nexus 7 32GB, £169.99 Ultra quick and, with Android Jelly Bean, tailor-made for a Google experience.



Apple iPad Mini, £268 Apple's real masterpiece. A stunning 7.9in HD display and tons of apps and speed.



Lenovo Horizon 27in, £1499 With a 1TB hard drive, this super-sized Windows 8 tablet is a monsterfor all the family.



Microsoft Surface Pro 64GB, £639 Holding on to some of its laptop roots, making it a decent choice for business.



Sony Xperia Tablet Z 16GB, £399.99 Light, slim, stylish and fast, Sony have pulled out the stops to show they're serious.

Snapshot

Trends, stats & surveys



Top 10 paid-for apps for Android phones

- 1. Minecraft pocket edition
- 2. Tab for Google Maps
- 3. Plants vs Zombies
- 4. The Chase
- 5. Kindle Fire Camera Video HD
- 6. Pocket Rally
- 7. Classic Catch Phrase
- 8. Alice Trapped In Wonderland
- 9. Despicable Me 2 Game
- 10. Where's Waldo Now?

LEFT BEHIND

■ For the second year, EL James, the author who has popularised erotica as a genre, tops Travelodge's annual books left behind



index with her third instalment from her Fifty Shades trilogy – Freed topping the charts. Erotic authors fill the second and third slots too – Jennifer Probst and Sylvia Day with the other two in the Fifty Shades trilogy at six and 10.

PAPERBACKS





Top 10 paperbacks

- 1. The Casual Vacancy
- 2. Little Coffee Shop Of Kabul
- 3. Gone Girl
- 4. The Fault In Our Stars
- 5. Stoner: A Novel
- 6. The Red House
- 7. The 100-Year-Old Man Who...
- 8. The Racketeer
- 9. Alex
- 10. The Bat: First Harry Hole Case

Sources: PA; Travelodge; Waterstones

F000

We'll be bringing a taste of Germany to the heart of Island

Millwall Park to play host to Octoberfest with 30,000 expected to raise a foamy stein

Beth.Allcock

bout 25,000 litres of a one-ofa-kind tipple will pour out into the steins of festivalgoers as a traditional German celebration makes its debut on the Isle of Dogs.

The world's biggest beer festival, London Octoberfest, will pitch up for a four-day stint at Millwall Park from October 3.

Making its way from Copenhagen, followed up by an eight-day programme in Kennington Park, Lambeth, the Bavarian bonanza of folk music, food, drink and traditional dress will showcase its own London Octoberfest Beer, a drink three years in the making.

Carsten Raun, director of London Oktoberfest Ltd, said although it had been shipped in on a huge tanker from Germany it "couldn't be more fresh", as the lightly-coloured liquid flowed directly from truck to glass.

"It's a light beer with light sweet tastes, it tastes like a Munich beer," he

"It's a beer which you can drink for the whole evening and,



as it's five per cent, you won't have too much of a headache the next day."

But the 43-year-old is keen to stress the "little carnival" is not just an excuse for a booze-filled knees-up in a tent.

He said: "We want to show the best of German culture. People will be wearing Lederhosens and we have the blue and white Bavarian colours to make it authentic.

"If you come here you are forced to sit together and you'll maybe make some new friends. It's wonderful you're sitting on a long table of up to 60 people in a row.

"The beer is, of course, a part of it, but it's not a drinking party, it's a good-time party. We want people to join in and sing and make new

Guests can join in the spirit by

German dress to match the style of the festival waiters - either from the fancy dress box or by hiring out Lederhosen or Dirndl attire from the on-site shop.

This year's Millwall Park festival is expected see crowds of up to 30,000 – a sharp increase on the 13,000 visitors who embraced the 200-year-old Munich tradition in the capital two years ago.

And, with a family day on the Sunday, it is a festival for Wharf workers and residents alike

Carsten said: "It's a good mix. We experienced a lot of guests from the Canary Wharf area last year, especially on the first day, when we had nearly all the banks.

"Of course, the British are lovers of beer and also having a good party and we have a feel of celebration here.

"I am very happy when peope come every year. It's a great sign we are doing something right."

Although Islanders have expressed concern about the impact of the festival on the area - particularly the amount of park space taken up and the noise levels - Carsten said it would only take up a small slice of parkland, leaving the rest open for community

"The thought would be for this to be a tradition and to come back every year," he said.

London Oktoberfest at Millwall Park, October 3 to 6. Free entry on Thursday, Friday and Sunday and £5 on Saturday. Children allowed entry on the Sunday

only for Sunday lunch. Go to london-oktoberfest.co.uk

3 OF THE BEST **TOASTERS**



DE'LONGHI SCULTURA TOASTER It may look a bit like a Dalek but this top of the range toaster is a gadget lover's dream. Toasting four pieces of bread at any one time, the removable crumb tray and "extra lift position" makes it practical as well as stylish. £99.99, John **★★★☆**



CAMPER VAN TOASTER

Perfect for laid-back souls who like to bring a little fun into the kitchen, comes with an adjustable setting and toasts two pieces of bread at a time. £39.95, prezzybox.

COOK WITH THE GUN'S QUINTON BENNETT

Dazzling dish: Roast whole grouse with game chips, bread sauce, pate and game jus

his is the one to pull out when you're really trying to impress your significant other on that most special of occasions. Serves 2

Ingredients

For the grouse

2 oven ready grouse 80ml bread sauce 2 brioche disc (2inch) fried in butter

50ml game jus 1 small bunch watercress 180g Savoy cabbage - to be served

as a side 4 tbsp good shop-bought pate
For the game chips

300ml vegetable oil, for deep-frying 4 large potatoes, thinly sliced on a

lattice mandolin For the bread sauce

2 large onions, peeled and halved 200 g Butter

12 cloves 2 bay leaves

Salt and freshly ground pepper

1 tsp nutmeg 400 g fresh white breadcrumbs

For the **bread sauce**, finely chop one onion and cook it gently in 100g of butter until soft. Stud the other onion with cloves and bay leaves.

Put the milk, nutmeg and stuffed onion into the pan with the cooked onion and boil.

Season, and simmer for 30 minutes. Remove the pan from the heat and leave the sauce to infuse for 30 minutes or so. Take out and discard the onion. Add the breadcrumbs and return the sauce to a low heat. Simmer for 15 minutes, giving an occasional stir.

Season the grouse inside and out and seal in a hot pan until browned all over. Roast in a pre heated oven (180C) for six mins, take out and allow to rest for five.

For the game chips, heat a heavy bottomed pan, a third full of oil until a breadcrumb sizzles in it. Wash the potato slices then cook in the oil for one-two minutes. Remove, drain on kitchen towel and season.



This is the bird to impress any significant other with at a romantic

To serve, pour a third of the bread sauce from the pan into the blender and process, then return it to the pan and whisk in the remaining 100g butter.

Top the brioche crouton with the pate and grill until lightly golden on top then plate the bird resting on top of this. Its juices will run into the pate and enhance the flavours. Plate a pile of game chips next to it and a neat bunch of watercress.

Heat the bread sauce in a pan and plate in a ramekin to be served as an accompaniment, along with the buttered cabbage. Heat the jus and pour some over the bird and serve the rest in a sauce jug.

Health

Giving your body the juice

WELBEING

Childhood friends go from website to store front to push their detox treatments

Beth.Allcock @wharf.co.uk

etox can often be the go-to diet linked to a handful of diary dates – right about now to help battle the post-holiday bulge, and at the start of the festive party-dress period.

But a new Greenwich hub housing a variety of detox treatments, tools and techniques under one roof, is striving to ensure the concept becomes more than just a seasonal buzzword.

Childhood friends Susanne Kollner and Ilona Wesle created website mydetoxdiet.co.uk four years ago. And last week they translated their online shopfront into a physical presence in College Approach last week

Shoppers stepping into the light, airy space will be greeted with rows of fresh fruit and vegetable juices, salads and wholesome goodies including muesli, while upstairs houses

London's only Îyashi Dome, a beauty salon and a room for colonics.

The duo say their detox programmes combat the heavy food and protein intake of everyday eating to boost metabolism, eliminate body toxins and strengthen

the immune system as well as helping

boost wellbeing and energy.

Ilona said the classic five juice bottles-a-day regime would be "giving your body a well-deserved break."

"The right time is crucial," said the 36-year-old, explaining programmes could span from just a day up to two



Ilona Wesle and Susanne Kollner, directors of MyDetoxDiet.co.uk at their new shop in Greenwich

"People jump on board around about Christmas but it's when it suits the individual. Sometimes it's easier to do it every three months.

"Your body is like a motor you do a regular MoT every three months to keep it up and running instead of just

doing it once a year and expecting all the benefits to last 12 months, which is nearly impossible."

Detoxes including the raw juice cleanse can also help put dieting habits under the spotlight.

All products in-store are vegan and free from colours and preservatives and, for those non-detoxers keen for

DISCOUNTS



■ My Detox Diet.co.uk shop will give Wharf readers 10 per cent off detox plans and food in the shop, 20 per cent off sessions in the dome, beauty treatments at pure Synergie (upstairs in the facility) and the same discount on courses of colonic irrigation. Just quote The Wharf when you book.

a taste of the good stuff, quinoa and five bean salads, seaweed and apple jelly and calorie controlled snacks can

"We have a lot of clients from Canary Wharf working at 7am until 8pm and they eat in front of their computers," she said.

"They have to work at the weekend and they try to take convenience food they pick up while in the shop.

"People pick up a salad and they think they have a healthy lifestyle but they don't realise how many calories and salt are in there.

"Also, people tend always to eat the same thing so detox breaks the habit." As well as the juices, the centre is also armed with the Iyashi Dome.

TASTE TEST



I downed the shot after an early morning gym session and, although taken aback by its deep green hues, I found it pepped me up with a pleasant aftertaste. Well worth popping one in your gym bag for an on-the-go health fix. Utterly Fibre Juice, from £4.80 per bottle Despite suffering from a cold, the zingy ginger smell burst out of the bottle and made this bright orange juice rather appetising. And it was – packed full of sweet natural flavour from the carrot, pear, ginger, lime and apple. Filling too and it could have substituted for one of my lunchbox goodies. Beth Allcock

Susanne said the Japanese system used infra red technology to break down toxins in the body, which are then released by sweating, proving a "perfect" complement to a detox diet.

And, now the shop doors are open, the pair are keeping busy by working on their own supplement range, due to be stocked next month.

"Just to realise it's true is fantastic. It's a great feeling," said Ilona. ■ A one-day raw juice cleanse at mydetoxdiet.co.uk costs £40, a two day programme is £80 and a three-day course is £120.

■ Go to mydetoxdiet.co.uk, call 020 8858 5877 or drop into the shop in College Approach, Greenwich, to book a free nutritional consultation.

ITNESS Easing those office aches and pains



Our fitness guru **Laura** Williams on

flexible working

th four locations in the city, The Office Group doesn't just provide flexible drop-in and shared workspaces, it also believes in establishing a healthy work-life balance.

The company's enthusiasm for holding regular socials and fitness initiatives combined with good summer led to the introduction of rooftop yoga classes earlier this year at Farringdon and Shoreditch.

Olly Olsen, co-founder and co-CEO of The Office Group said: "There's nothing better than fresh air and a great stretch after a day at work - it's good for both the body and the brain."

The Office Group's class content is specifically designed for office workers. Classes typically last an hour with a focus on stretching out the areas that suffer from a day spent at a desk, namely the hamstrings and spine.

Classes combine a strong standing sequence to warm the body up, when everything's starting to seize up after a day hunched over a computer. Go to theofficegroup.co.uk



YOUR TURN

IF YOUR boss is more likely to treat you to a round of golf or drinks than an hour of Downward Dogs, here are my top desk stretches for the achy exec. Discreet lower back stretch

Sit towards the edge of your chair. Lift one of your knees toward your chest using your hands to hold the back of your thigh pulling it toward you. Maintaining a straight back, hold for 30 seconds. Relax and slowly return to the starting position. Repeat the stretch with the other leg.

Upper back and neck stretch

Stand upright and clasp your hands behind your head. Pull your elbows back while pinching your shoulder blades together. Hold for 10 seconds, relax and repeat a further 2-3 times.

Chest stretch

Sitting hunched over a desk all day means your chest muscles get overworked leaving you with hunched shoulders and neck ache. Stretch your chest muscles out by clasping your hands together and extending your arms back behind you just below shoulder height.

Fashion



To mark the Thames Festival, we drop anchor and go in search of a watery themes MAIN PICTURE
Blazer, £100, Little star
details are featured
both on the buttons and
studs of the blazer and
as a print on the top
Top, £55
Trousers, £90
BETTY BARCLAY
bettybarclay.com

0

Navy stripe crochet jumper, £13.99 Denim skinny jeans, £29.99 PILOT pilotfashion.com

2

South nautical striped playsuit, £15 LITTLEWOODS littlewoods.com

3

Striped fit and flare dress, £99 PHASE EIGHT Jubilee Place Mall phase-eight.co.uk

4

Louche Napoleon anchor jumper, £25 Lavish Alice striped summer shorts, £15

Greenwich joythestore.com

Nautical straw bucket bag, £9 PRIMARK Westfield Stratford City primark.co.uk

Men's stripe sweater £32 NEXT Canada Place Mall



L'OCCITANE

Save 50% on hair care products

Go on a shopping splurge at L'Occitane in Jubilee Place and leave with a haul of discounted hair products.

Customers who spend £25 or more in-store will be eligible for products from the brand's repairing, volumising and radiance Aromachology range for £12.50 – saving 50%.

The collection is packed with Aromachology shampoo and conditioner as well as L'Occitane's Cherry Blossom hand cream, and body lotion and shower gel from the Lavender range.

NAILS INC

Buy a kit to add your monogram

Ensure your nail design is one of a kind by creating your own monogram manicure. Launched by Nails Inc, which has a salon in Cabot Place Mall, the £20 kit contains more than

150 letters and characters in black and white, to adorn your talons post-polish. Customers will also receive a mini Southbank polish in cool

Customers will also receive a mini Southbank polish in cool grey, a mini Mayfair Place in deep plum as well as Nails Inc's signature Kensington Caviar top coat to seal the style.

DERMALOGICA

Spend £80 to get free skin care kit

Skincare brand Dermalogica is offering shoppers at Westfield Stratford City an extra incentive to update their products for the autumn season.

Whether its the cleanse, tone and moisturizing basics or something to address a more specific issue, customers who spend £80 or more on products will be treated to a complimentary customised skin set.

The free gift contains promotional sized products and is worth over £20.

Offer runs until September 30.

DAVID'S BRIDAL

New store over from America

A new store set to open its doors at Westfield Stratford City could help to make a brideto-be's designer dreams come true.

American-based David's Bridal will launch its flagship UK store at the shopping centre on October 3.

Go to davidsbridal.co.uk.

Businessextra



School mentor charity marks link with bank

A CHARITY offering support service to pupils across the capital celebrated its partnership with Canary Wharf-based Credit Suisse this week.

City Year recruits 18- to 25-year-olds for full-time volunteering in some of London's most deprived schools, standing out in a uniform of red blazers and acting as role models and tutors.

The volunteers – known as corps members – benefit from a boost in leadership skills as well as CV and interview guidance and presentation training.

On Monday, representatives gathered at Credit Suisse in Columbus Courtyard to mark its role as City Year's first National Strategic Partner, after the financial services firm first pledged support in 2009.

Sophie Livingstone, CEO of City Year, said: "London's young people answered our call to 'Give a year, change the world."



Corps members at Credit Suisse

Bar upgrades O2 presence

PREMIUM bar group Slug and Lettuce is launching its most ambitious bar to date tomorrow (Friday) at The O2 in Greenwich.

The £650,000 move to bigger premises in Entertainment Avenue is creating 22 new jobs and will have a capacity of 700 up from 250.

To celebrate, general manager Richard Hamilton will be hosting a two day circus themed party at the Entertainment Avenue venue. Mr Hammond said: "When the

opportunity arose to take this space at The O2 we knew it was just what we were looking for."

LinkedIn circle targets Wharf

A LINKEDIN group has been set up exclusively for people in Canary Wharf.

Excel London is behind Club E14 which is designed to allow event professionals the opportunity to engage with each other and has the aim of attracting more businesses to east London.

The group is currently at 90 members and the 100th will receive a bottle of Champagne.

Go to linkd.in/17nvEHN



Wikipedia founder Jimmy Wales, left, shares The O2 stage in Greenwich with Chancellor George Osborne

Tech City can take on Silicon Valley and win

TECH

Giles.Broadbent
@wharf.co.uk

ondon has the potential to become the global centre for technology and innovation, Wikipedia founder Jimmy Wales has said.

Speaking at the Campus Party festival at The O2 at Greenwich he said the capital was a major tech centre right next door to a "vibrant" city with all the buzz and culture that could attract young developers from around the globe.

With the right enticements in place, he said, London could overtake Silicon Valley which he was "incredibly boring" and "an echo chamber".

He said: "We're moving into an era

the sald: We're moving into an era in the consumer internet world where the ideas are about the way people live their lives and interact and so forth – it's not all going to be pure mathematical hard technology. That vibrant open culture is the second wave and it's more about how do we connect with people."

He was sharing the stage with Chancellor George Osborne and laid out one of the restrictions that held back this ambition – visas.

He referenced the US working visa that gave workers two weeks to leave if they lost their jobs.

if they lost their jobs.

He said: "We want to be able to go

to Silicon Valley and say to all of those talented people from China and India who are there on a H-IB visa: As long as you are here on a H-IB visa you have got no path to citizenship.

"Come to the UK. We've got a similar programme but it's a programme that will allow you to build a business and a life for yourself rather than being a plantation worker for Google."

plantation worker for Google."

Osborne said: "The government is determined to create the right environment for entrepreneurs to succeed."

"That is why we are going to give our young people the very best tech start in life, by investing in our broadband infrastructure and introducing a new coding curriculum."

Business Traveller

News, tips, gadgets etc

BA take off on Dusseldorf flight



On the first flight to Dusseldorf

ROUTES The first flights from London City to Dusseldorf in Germany took off this week.

The three-times a day service began on Monday. BA is using a 50-seat Saab 2000 aircraft for the route.

Flights, costing from £79 each way, will depart from Dusseldorf at 6.35am, 1.15pm and 6pm on weekdays with the return service taking off from London at 7.35am, 2.25pm and 6.55pm.

There is a service to London on Saturday morning and also two flights to Dusseldorf and one to London on Sunday. Luke Hayhoe, BA's general

Luke Hayhoe, BA's general manager commercial at London City, said: "We are very excited to be going to a great business city like Dusseldorf which offers significant trade links with the city of London."

App of the Week

Tablepouncer

This app is all about saving you time and money as you search for a restaurant. Search by cuisine, price, ambience and locality and it'll present you with your options. Each restaurant has independent reviews, a code for the table and also a likely discount available.

Free on iTunes and Google Play

Why appearance of wealth might hide secret

YOUR MONEY

new fight back campaign has been launched by Citizens Advice, urging people who feel they have been mistreated by a payday lender not to let the firm "get away with it".

The debt advice charity wants to see more people who feel they have suffered at the hands of lenders taking their complaint to the Canary Wharf-based Financial Ombudsman Service (FOS).

While consumers should initially make a complaint directly to the lender, if it cannot be resolved they can then ask the ombudsman to step it.

The ombudsman can then help people to claw their money back



when firms are found to be in the

Charities have reported being deluged with cries for help from people struggling with payday debt, including Stepchange, which said more than 7,000 people with five or more payday loans contacted it last year.

Yet despite these numbers, the ombudsman is still seeing only

around 40-50 complaints about payday lenders each month and only 542 new complaints were made about payday lenders all of last year.

So why is the ombudsman not seeing more complaints about payday lenders?

The answer is not really clear. One surprising explanation, from the ombudsman service's own research, suggests some people are reluctant to admit to having taken a payday loan out in the first place.

They sometimes take calls from people who might have a high-powered job and appear "asset rich" to the outside world and do not want to admit to others that they have been embroiled in a secret struggle.

They may not have even told their wives or husbands they are

having trouble with debt. In other cases, it simply might not occur to some payday loan customers who are struggling that they could have grounds for a complaint.

People who are drowning in debt are, understandably, often very focused on their immediate money worries – but Citizens Advice also wants them to consider whether they were treated fairly.

Analysis by Citizens Advice found that from the 665 cases brought to it by payday customers during the first half of this year, three quarters of borrowers would have grounds to take their complaint to the ombudsman.

One in five cases it looked at possibly involved fraud.

Vicky Shaw

Londoneye

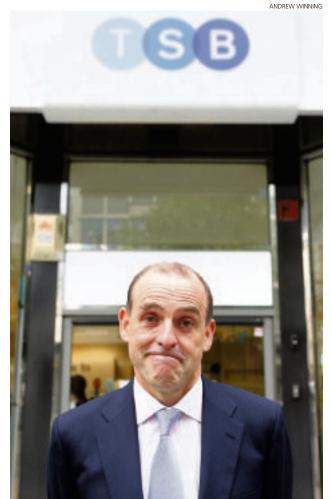


EDL MARCH





Members of the English Defence League march through London to be met by anti-fascist activists. More than 300 people were arrested. Full story / Page 8



BANK ON US AGAIN Chief executive of the TSB bank Paul Pester outside the bank's Baker Street. The name returned to the high street on Monday after an 18-year absence, the result of action to introduce greater competition.



Chancellor of the Exchequer George Osborne gestures as he speaks at a construction site where offices and affordable homes are being built in east London. Mr Osborne said on Monday the government planned new measures to help reduce everyday costs for households, whose living standards have fallen in the aftermath of the financial crisis.



WELCOME TO BRITAIN

US Secretary of State John Kerry is greeted by Foreign Secretary William Hague at the Foreign and Commonwealth Office on Monday. Mr Hague said the UK and US remained "closely aligned" on Syria, after the talks. He said the two were working together to save lives and revive peace talks as well as press for a strong response to the Assad government's use of chemical weapons.

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ARIES

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TAURUS

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GEMINI

MAY 22-JUNE 21

For more call 0905 817 2062

Something you thought was not going to happen gets a green light from an unexpected source. Be prepared to act quickly, for this is solid, good news.

CANCER

JUNE 22-JULY 23

For more call 0905 817 2063 It's good to let others guide

you. In fact, it can show you things you would never have seen otherwise. What's your story? This is the only way to find out.

JULY 23-AUG 23

For more call 0905 817 2064

Mercury, the planet of communication, helps you work out where you have been going wrong in a delicate family matter. Enjoy news of an ex.

VIRGO

AUG 23-SEPT 23

For more call 0905 817 2065

Too much time worrying about other people has left with you very little time to think about your own current drama. The good news is someone appears.

LIBRA

SEPT 24-OCT 23

For more call 0905 817 2066

Honesty you show will earn you brownie points in vour work. You're about to take a move up the career ladder, so make sure you present yourself very well.

SCORPIO

OCT 24-NOV 21

For more call 0905 817 2067

It's the beauty of your sign. You're aiming high and you now know what works and where you should be focusing your life. Re-think your appearance.

SAGITTARIUS

NOV 22-DEC 22

For more call 0905 817 2068

Stop getting involved in other peoples' problems when you could, and should, be focusing on your own. Travel plans prove how you really feel inside.

CAPRICORN

DEC 23-JAN 20 For more call 0905 817 2069

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Fancy winning dinner and a movie for you and a friend? We've teamed up with West India Quay's Via and Cineworld West India Quay to offer two pizzas, two bottles of Peroni (or a bottle of wine) and a pair of tickets to the cinema.

To be in with a chance of winning, just tell us the name of the actor who plays James Hunt, pictured at the world premier of . Rush in London.

Email your answer to newsdesk@wharf.co.uk with "Movie Night" in the subject line. The closing date for entries is September 19, 2013.

You must include your name and postal address



cineworld

ACROSS

- Baby bird (5) Fly without engine
- power (5)
- Snake poison (5)
- Souvenir (7)
- Impose limits on (8) 13. Unable to hear (4)
- 15. Funeral car (6)
- Springiness (6)
- 19.
- Chop wildly (4) Overabundance (8) 20.
- Beginner (7) 24.
- Lawful (5) Friendship (5)
- Cautions (5)

DOWN

- Searches for prey (5) Consist of (8)
- Lighting device (4)
- 6. Underground cell (7)
- Past one's best (4,3,4) 7.
- Artist's protective
- garment (5) Furniture item (6,5)
- Mexican
- pancake (8) Acknowledge
- publicly (7) Extreme (5)
- Keyboard
- instrument (5) 22. Tangle (4)

ACROSS: 1. Chick; 4. Glide; 10. Venom; 11. Memento; 12. Restrict; 13. Deal; 15. Hearse; 17. Bounce; 19. Hack; 20. Plethora; 23. Leamer; 24. Legal; 25. Amity; 26. Wams. DOWN: 2. Hunts; 3. Comprise; 5. Lamp; 6. Dungeon; 7. Over the hill; 8. Smock; 9. Coffee table; 14. Tortilla; 16. Acclaim; 18. Ultra; 21. Organ; 22. Knot.

EASY

	6	8	2	1	9	3	7	5	4
		3	4	6	8				
	9	5	1		2	7		6	3
	2	4			5			3	6
		6	3		4		1	8	7
		7				8		4	2
	3	9				2	4	1	
	4		5	8	1	6	3	7	
		1		9	3		6	2	

8					2	4		
7			9					
				4		7		
5	1		7				2	
			5					
	4			9		3		
		5	8		3			4
		7				2	6	
						5	3	1

The Wharf's Sudoku puzzles are supplied by sudoku-puzzles.net For more free brainteasers including Futoshiki, Nonogram and Samurai, go to the website

GUIDE In order to

complete Sudoku, readers should fill in each of the arids so that every column. row and 3x3 box within the squares to the left contains the digits 1 to 9. No repetition of digits is allowed within any of the sequences. Why not time yourself and see whether you can beat your best with next week's Special feature



FRANCE GET THEIR **SPOT OF GLORY**

France O Brazil O (France win 3-2 on pens)





ZINEDINE ZIDANE watched his young countrymen win the Danone Nations **Cup World Final at Wembley Stadium** on Saturday.

The French football legend (pictured below) is the Global Ambassador for the Danone Nations Cup the world's biggest international

football tournament for 10-12-year-olds - and the event showcased football's future stars from 32

international teams.

Local, regional, and national competitions took place over six months, throughout 32 countries, and 2.5million children from approximately 10,000 clubs and 32,000 schools took part, all culminating in France and

Brazil making it to the prestigious world final.

There was a great atmosphere inside the iconic venue, and the 25,000 crowd made plenty of noise.

Throughout the 20-minute match, there were few chances for either team. France did beat the Samba keeper but it was adjudged to be offside.

France began to exert some early pressure in the second period and fired a free-kick into the yellow wall before another powerful effort was blazed high and wide into the crowd.

Brazil, in a rare foray forward, whipped in a

dangerous cross which the French goalkeeper had to quickly get to before the onrushing forward.

Both sides appeared to be scared to make a crucial mistake, so there were few chances that followed, so it was penalties t hat would make or break the

boys' hearts.

France scored all three penalties to win the tense shoot-out 3-2 and launch into a frenzied celebration.

The Brazilians were deflated but, despite his French loyalties, the legend that is Zidane immediately went over and consoled them.

It was a great gesture by a remarkable man. Among the 32 teams, Team England showcase their footballing talents in front of lively home crowd and beat Russia an impressive 3-0 to clinch ninth place. Ireland showcased a high calibre of talent during the knock-out stages and played Japan in the semi-final and scooped fourth place.

Awards were presented to the 'Best Player' of the tournament, Hiro Satho from Japan, the 'Best Scorer' went to Bobby Duncan from Team England, and Japan won the 'Fair Play' award.

Zidane (below) said: "A massive congratulations to France for winning this year's Danone Nations Cup World Final. The teams all showed tremendous skill and professionalism on the pitch and I'm very proud

help children develop their love for football and grow with respect for themselves and others around them I wish everyone the best of luck in the future."

France prevailed in the end, but international vouth football real winner



Sport



A chance to take stock

he international break gave the Lions an opportunity to take a step back and review where we have fallen short so far this season and a chance to work on things in training to put them right for when we resume league action this Saturday when we entertain Derby County at The

At least we have picked up two away points in our last two league matches and ran high flying Nottingham Forest close in the League Cup. It gives us something to build on.

The transfer deadline passed quietly for us but a couple of important moves were made though.

We extended the loan of midfielder Shaun Derry until January 1. That will give him time to establish himself at the heart of our midfield and will continue to add great experience to the team.

Exiting the club last week was striker Dany N'Guessan whose contract was cancelled at mutual consent, leaving him free to take up an offer with Swindon Town.

Last season when he was substituted despite being a substitute himself you knew the writing was on the wall. Fans did not expect to see him in a Millwall shirt again but he got a couple of outings this season under the new manager but added nothing to the team.

It was great to see goalkeeper David Forde back starting for the

Lions down at Brighton in our last match and the big Irishman will be a key figure if we are to climb the league table.

Forde was on international duty twice in the last week but with a couple of disappointing results for Ireland losing to Sweden and Austria he might be glad to get back to South London. It was definitely a case of Goodnight Vienna for Ireland's chances of qualification.

One man who might be happy to see the back of Giovanni Trapattoni should be sacked as Ireland boss could be Lions striker Andy Keoah who took to Twitter to express his displeasure at being left out of the squads for the latest two qualifiers.



RACING

■ The Group 2 Champagne Stakes at Doncaster on Saturday can often throw up a decent horse and this year looks no exception with Berkshire fancied to take the prize. He looked a superstar in the making when winning the Chesham Stakes at Royal Ascot last time out, and that form has been boosted significantly since then. Nick Watts

West Ham have won one of their last 15 Premier League away matches and things are unlikely to improve with Andy Carroll on the long-term injury list. Southampton have played much better than their four-point total would suggest and they look a solid shout. Mark Langdon

RACING POST

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1st XV Fixtures 2013/2014

September

14 - Mill Hill (A) - Junior Vase 21 - Brightlingsea (A) 28 - Phantoms (A)

October

5 - May & Baker (H) 12 - Thames (A) 26 - Burnham On Crouch (H)

November

23 - Standford Le Hope (H) 30 - Pegasus Palm (A)

December

7 - Kings Cross Steelers (H) 14 - Phantoms (H)

January

(A) May & Baker - 11 (H) Thames - 25

February

(A) Burnham On Crouch - 8

March

(A) Standford Le Hope - 1(H) Pegasus Palm - 8(A) Kings Cross Steelers - 22

April

(H) Brightlingsea - 5



Around the clubs

Blackheath learn a painful lesson

RUGBY Blackheath opened their season at promotion favourites Doncaster and the northerners six tries in a 47-17 rout was evidence of their credentials.

The Knights fielded a team worth in excess of £700,000 while the Londoners blooded seven debutantes in the 20-strong squad. They held the lead for the first half an hour before the home team's strength in depth began to dominate.

Captain Martin bounces back

BASKETBALL The Stratfordbased London Lions have retained the services of captain Mike Martin for another season.

Martin spent the off-season nursing a serious knee injury but now says he's ready for the campaign which starts on September 27. "I'm chomping at the bit," said Mike, who has a career average of 16pts a game.





Runners set out through Greenwich Park. Right, Jessie J

or call Connor Self on 020 7510 6053

Runners put through their paces by Jessie

THE live music came from Jessie J but the effort came from the 12,000 runners who took to the parks and streets of Greenwich for London's biggest half marathon.

DJs provided the rhythms to help runners along the way for the fifth event. It was actor Martin Delaney's fourth outing. He said: "It's inspiring seeing so many people running to raise money for their charities. It's such a fun event, full of great views through Greenwich with awesome music to help get everyone over the line."

But it wasn't all smooth sailing. Last year, there were complaints over road closures so the route was changed.

This year, it was the runners were caught in a bottleneck at the five-mile

Afterwards, scores of people took to social networks to complain with many saying they were held up for 10 minutes.

Andy Guptan, wrote on Twitter: "Which idiot thought it was a good idea to funnel 19,000 runners in and out of one gate into the barracks?"

Another said runners were also held up to allow non-competitors to cross.

"Marathon Stu" said: "Not impressed by delays, congestion, runners being stopped to let spectators cross route, etc."

Others complained runners were given coconut water rather than sports drinks at the event.

Event organisers IMG Challenger World, said: "[We] apologise for the congestion. A detailed review of the affected area of the route will be a priority for us."

Weigh in to help cancer charity in tug of war

WHARFERS are needed to put their weight behind a charity tug of war competition at West India Quay later

Funds raised on September 25 will go to Macmillan Cancer Support later this month.

Teams of eight will battle against colleagues or rivals in a knock-out competition

There will be a practice session next Wednesday (September 18, 6-8pm) where a qualified instructor will take participants through step by step techniques - just turn up in your trainers and test your strength.

Robert Warner, creative director of X-Leisure West India Quay said: "Our next event is what we have dubbed Tug-O-Wharf on the quayside. While it may appear to be a bit of light hearted fun, when the ropes are out the competition will commence. It will not only be a matter of strength, it also involves team work and a battle of minds

"Macmillan do this event each year with the House of Lords versus the House of Commons so that was our inspiration and, of course, it is a fantastic charity to raise funds for."

Macmillan is a cancer care charity providing support to everyone affected by cancer including friends and family. They help people at every stage of their cancer journey and provide medical, emotional, financial and practical support.

September 25, West India Quay, 6-8pm. Team entry to Tuq-O-Wharf costs £40. on For more information email info@x-leisure.co.uk or go to westindia quaycentre.co.uk

Strauss opens up at signing

AFTER swapping his position as England's opening batsman for penning the first pages of his autobiography, cricketer Andrew Strauss will be signing copies of his book in Canary Wharf this month.

The former England captain and Middlesex county player announced his retirement from the professional game last year, after leading his country out for half of his 100 international matches.

He will be promoting his autobiography Driving Ambition at Waterstones in Jubilee Place on October 10 at 1pm

The book is said to be a "candid account of the highs and lows of his remarkable career

To reserve a book, call Waterstones on 020 7719 0688.

■ Young cricketing fans chatted to England legend Alec Stewart as he visited Richard House Children's Hospice this month.



PRWharf PERTY

Canary Wharf's leading property guide



Hotspots on doorstep at new release City Mills

What are the pitfalls of being a leaseholder?

of the best properties available in Docklands



Buyers kept us busy throughout summer

Why the usual August slowdown never really happened Pages 14-15



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PROPERTY

Bubble may be inflating but we have stock to cope

INTERVIEW

Estate agent Alan Selby tells **Beth Allcock** that August was an unusually busy time for home sales

always wear a tie," smiles Alan Selby, a stalwart of the Docklands property market for the past four decades.

"In the olden days, unless you wore a tie, people wouldn't give you a deposit, so I always wore a tie and I've just got used to it."

The senior partner at Alan Selby and Partners LLP, could be forgiven for discarding his neckwear as he admits this summer has been

atypically busy.

"We haven't stopped," said the 63-year-old.

"August is usually quiet because everyone goes away but this year, that doesn't seem to have

We have had a holiday August, but we have been selling properties all through it.

"We are getting stock coming in, we are selling, and there is plenty of letting.
"We have been very successful with a new development at Baltimore Wharf – it's a tower of 45 floors and we've virtually sold it completely - there's 330 apartments and it's nearly sold - there are about 70 left.

"A lot of people are aware this is a good time to start thinking about buying. The domestic

market certainly has become much stronger. "There's a lot of interest in new developments

- people are once again realising east London is becoming the host of many substantial new facilities, especially with the advent of

"A lot of people buy off-plan for three years' time. Crossrail will already virtually be here by the time they take possession of their new

While Alan said he could categorise Canary Wharf buyers in four groups.

There are the overseas investors, those who want to live close to the Wharf for work; the purchasers with what Alan calls the "sea factor" – craving to be close to water; and those who want to embrace the strong buy-to-let demand.

In the fourth category - first time buyers

A lot of people buy off-plan for three years' time he admitted there had been a shift with more people understanding the need to put cash aside for a substantial deposit.

"People accept they have to save up before they buy a property, and that wasn't

the case for many years," said Alan, the first winner of *The Wharf's* Special Recognition Award at this year's Property Awards.

"The people who come into your office have taken the time over the years to put money together rather than just expect someone else to pay it or give them 100 per cent. They now know that's not the custom.

"When people put money into a property, they take much more care of it."

Despite constraints on the market and with finance, Alan said the property market had

Too much love is turn-off

NEXT door's noisy sexual activities and neighbours throwing parties are to blame for turning off house hunters from their dream homes, according to a survey by Haart estate agent.

Over half (54 per cent) of house hunters are unwilling to live next door to a party house and 43 per cent would not put up with neighbours having loud sex most nights - even if they were offered a significant discount on the purchase price to

Only a third (32 per cent) of homebuyers

would not put up with neighbours having noisy sex - even if the house cost less

are put off by commuter train lines, and even constant animal noises are less of a nuisance, with just 33 per cent unwilling to put up with dogs barking or cockerels crowing. At the bottom of the list of nuisance noises are motorbikes or diesel van start-ups immediately out the front of the house every morning – with only 26 per cent saying they wouldn't move in to this type of property.

Women were found to be more concerned by troublesome neighbours than men, with nearly two thirds (58 per cent) of female respondents opposed to living next to a party house compared to 46 per cent of men.

The older generation are also particularly apprehensive, with 74 per cent of those aged 65 and over unwilling to put up with party animals next door.

Young adults aged 16-25 proved to be the least cautious, with 17 per cent happy to live next door to neighbours with a steamy love life most nights.

Canary Wharf's leading property guide



Alan Selby: Buyers are already snapping up properties in anticipation of Crossrail

seen an upward trend consistently throughout the year. And he said this momentum would soon be boosted by "groundbreaking" schemes in Wood Wharf and Newfoundland, both by Canary Wharf Group.

"I have no doubt for the next quarter, we will be very busy," he said. "I can only see prices rising. There's no question that now would be a good time to buy. "You've heard the property bubble may be bursting but all that's about is a lack of stock. That's not going to happen here. There's a huge increase of stock to come.

"And once buyers add up the potential they seem to be coming back to this area because it has so much to offer, in terms of value and infrastructure."

Go to alanselby.co.uk.

First-time buyers are back

THE number of first-time buyers rose 45% year-on-year in July, thanks largely to a fall in mortgage rates, according to a survey by LSL Property Services.

There were 26,100 first-time buyer sales in July, 8,100 more than the same period 12 months before. It was the highest number of first-time buyers since November 2007, indicating the the first-time buyer market is gathering momentum.

According to LSL, an increase in the affordability of mortgages drove the improvement. The average mortgage rate fell from 4.92%

83.1%

Percentage of annual income needed for a deposit, up 5% on last year

in July last year, to 3.99% this year. The proportion of income spent on mortgage repayments fell from 21.6% to 20.4%.

But rising house prices threatening to price the next wave of first-time buyers out of the market, say LSL.

Deposits now represent a far greater proportion of the income of a first-time buyer, and are rising. The average deposit is now equal to 83.1% of annual income, up 5% on July last year – slowing the pace of the recovery in first-time buyer lending.

David Newnes, director of LSL Property Services, owners of estate agents Your Move and Reeds Rains, said: "Economic confidence is returning, nudging many more buyers in the direction of property, and nudging lenders to offer more loans to buyers with smaller deposits.

"But if supply fails to keep pace with demand the housing market will become increasingly unsustainable."



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City Mills offers taste of capital's hotspots

Apartments next to East End gems and less than 20mins to Canary Wharf

Beth.Allcock

ore homes have been launched at a development bordering the trendy east London hotspots of Shoreditch and Dalston.

The City Mills, an L&Q scheme in Haggerston, will celebrate its third release this month, with two-bedroom apartments available off-plan at a starting price of around £390,000.

Buyers will be able to embrace what the developers call the "independent local gems" scattered throughout the area, including the Tow Path Cafe, Haggerston Espresso Rooms and Dukes Brew and Que pub and restaurant to cater for food and drink lovers.

The recently-regenerated Stonebridge Gardens also offers an opportunity to explore the outdoors.

Cathy Lloyd, sales director at L&Q, said: "Haggerston has a thriving



community, attracting City workers and families alike.

"The area offers excellent links to the rest of London and great independent cafes, shops and restaurants.

"With the added benefit of areas such as Angel, Dalston and Shoreditch bordering the City Mills development, Haggerston is further benefitting from a powerful wave of regeneration."

All homes include an open-plan living kitchen and living area, outdoor balconies or terraces, a family bathroom and ensuite facilities.



Haggerston Overground station is close by, providing a sub 20-minute commute to the Wharf.

The City Mills will inject a total of 350 properties into the capital's property market, with a combination of family homes and apartments.

The first properties are due to be completed early next year.

Prices are expected to start from £390,000 for a two-bedroom apartment.

Go to thecitymills.co.uk or call The City Mills sales team on 0844 406 9289.



The view inside the apartments



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HOMEFRONT



Dawn Sandoval MNAEA is an independent property consultant working in the Canary Wharf area – call 020 7093 1702. Every effort is made to ensure accuracy ladividual cace must be studied by a calcifer.

Bv Dawn Sandoval

What are the perils of leasehold?

I have heard that buying a leasehold property is not without its issues and that I should be cautious. Can you explain what a leasehold property is and flag up some of the pitfalls that a first time buyer like myself may need to consider?

If you buy a leasehold apartment you are buying the right to live in the property for a set period of time – usually 99 or 125 years and occasionally 999 years.

The land it stands on is owned by a freeholder or landlord, who will charge a ground rent. Many leaseholders claim that service charges are excessive, but that fighting the freeholders and managing agents is expensive and exhausting.

Freeholds are often sold by house builders and can be bought and sold further down the line.

However, a landlord selling a freehold has to give existing leaseholders first refusal. Qualifying leaseholders can force their landlord to sell them the freehold through a process called "collective enfranchisement". This can be long and expensive, yet worthwhile.

Once the leaseholders own the

How about taking over the freehold?

"Leaseholders will need to set up an RTM company and the freeholder will then transfer the management responsibilities to the company."

freehold they can manage the building themselves.

Another option for unhappy

Another option for unhappy leaseholders is to exercise their "right to manage" (RTM), taking over responsibilities without having to prove bad management.

Leaseholders will need to set up an RTM company and the freeholder will then transfer the responsibilities.

Service charges pay for the maintenance of the communal parts of a building, such as staircases, roofs and gardens, as well as buildings insurance. But although it is leaseholders who pay for maintenance, it is the freeholder who decides what work needs to be done and what it will cost.

Critics claim that managing agents may abuse this power.

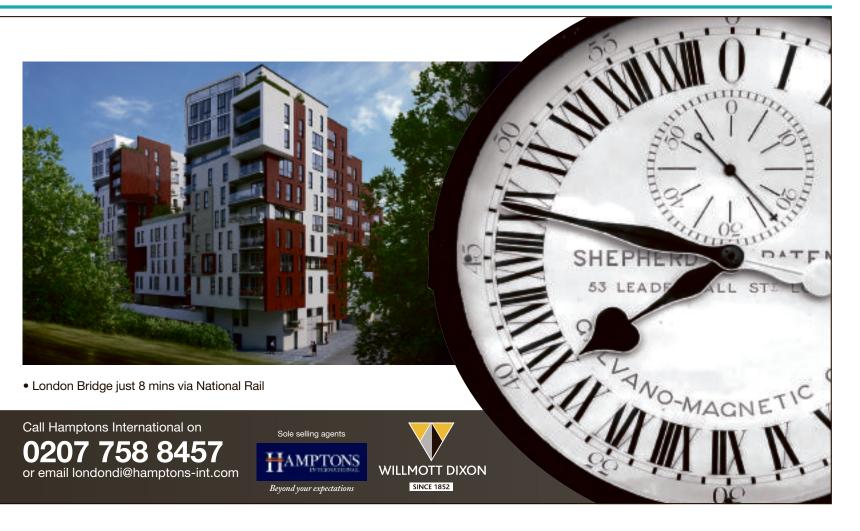
agents may abuse this power.

Most leases stipulate a schedule
of major works, which includes jobs
such as repainting the building's
exterior or interior, fixing tiles on
the roof and clearing gutters. The
bills can be eye-watering – five
figures is not uncommon.

However, section 20 of the Landlord and Tenant Act 1985 requires freeholders to consult leaseholders before carrying out work costing any individual leaseholder more than £250.

Challenging the terms of a lease after contracts have been exchanged is much more difficult, and in some instances leaseholders have suffered aggressive tactics from the freeholder, aimed at discouraging them from escalating the dispute.

Leaseholders in dispute with their freeholders or managing agents can get advice from the Leasehold Advisory Service. Ultimately, leaseholders can take complaints to the First-Tier Tribunal (Property Chamber), known as the Leasehold Valuation Tribunal until last month. This can rule on issues including service charges, major works bills, lease extensions, changes to leases, freeholds and insurance.



PROPERTY

What you can get in East End for the price of a spruced garage in Highgate

Studio conversion in the north translates to a proper flat on the Isle of Dogs

Beth.Allcock

ith a £250,000 price tag slapped on a one-bedroom studio garage in Highgate, north London, can buyers with the same budget get a little more for their cash in Canary Wharf and the east of the capital?

While Cory Askew, area director for Chesterton Humberts, admitted the task would not be an easy one, he suggested buyers should look to the south of the Isle of Dogs for the best chance of discovering a property within their price bracket.

He said the bulk of these homes would be within developments built in the '80s or '90s.

"If you look at the southern part of the Island, in some developments you would find a one-bedroom or maybe a one-bedroom with river views for £250,000," he said.



Chesterton Humberts Cory Askew says £250,000 will buy a one-bed here

"As you go closer to Canary Wharf and the glass and steel structures that make up the north part of the Isle of Dogs, with Pan Peninsula and Canary Riverside, I doubt there's ever anything worth £250,000 on the books.

"In this area, it is one-bedrooms and studios that are in high demand and short in supply, and the demand is particularly strong from first-time buyers certainly and investors.

"We do see quite a lot of interest in these – particularly because everyone wants to keep under the stamp duty limit of £250.000.

"If you go over by £l extra that's £5,000 in costs you have to find. It's not easy

"With the kind of people who come to Canary Wharf, you generally don't find buyers saying their budget is a maximum of £250,000. When you do, we have only generally got a few options and, if it's a first-time buyer looking for a two-bedroom home for £250,000, the opportunities are even harder to come by.

"It would be a studio, or a

"It would be a studio, or a one-bedroom flat down on the Island or an ex-local authority apartment."

Although it may be a tricky task, Cory said Chesterton Humberts currently had two such properties on its books that would perfectly fit the bill for eager property hunters.

The first, a two-bedroom ex local authority apartment on the 18th floor of the Elmslie Point development in Leopold Street E3, has an asking price of £228,000.

And it is the home's south-facing views of Canary Wharf that are sure to impress.

Cory said: "I know people have certain images of what ex-local authority blocks are like but this is nice. Its got artwork in the building and it's all about the views.

"It's priced very reasonably and if you go further up Burdett Road it is a little rougher, but certainly not gangland territory.

"You can pick up some good stuff property-wise."

If you fancy something a little closer to the hustle and bustle of the Wharf, Cory said an lith floor studio flat aballymore's New Providence Wharf scheme, priced at £229,950, might suit.

"People who are viewing it are Monday-to-Friday workers on the Wharf who are buying a flat because it's more economic rather than staying in a hotel room," he said.

With many properties exceeding the £250,000 budget-mark Cory said agents were currently "making hay" – a trend he expects to continue with the Government's Help to Buy scheme soon to be opened up to buyers who already own property.

"Certainly in the Canary Wharf market, our futures as agents are tied inextricably with what happens in the financial services sector," he said.

financial services sector," he said.
"If the banks are all doing well and are relatively upbeat, we find our business is very good. There's certainly a lot more optimism there.

"The time to start worrying is when the banks start raising fixed mortgage rates – that would take the wind out of our sails – but it would have to go up a long way to make that much impact." Go to chestertonhumberts.com for more information.







TWO-BED

Buyers with £250k to spend could find themselves in Elmslie Point, left. There's an ex-local authority property available on the 18th floor of the tower for £228,000 with great views up the Island to Canary Wharf



STUDIO STYLE

Left and below, buyers with a budget of £250k might like to consider a studio appartment at New Providence Wharf, currently on the market with Chesterton Humberts at £229,950



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- & 24hour concierge on-site, residents' only leisure facilities
- & Transport: DLR & Canary Wharf Underground



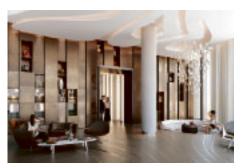
PROVIDENCE TOWER | £682,000 Leasehold

- & Luxurious two bedroom apartment with two south facing balconies on 23rd floor with spacious interiors of 800 sq ft
- & On site estate management, residents' only leisure facilities
- & Transport: DLR & Canary Wharf Underground



PROVIDENCE TOWER | £450,000 Leasehold

- & Superb one bedroom apartment with south facing balcony
- $\&\:$ Spacious interiors of 597 sq ft with high specification finish
- & 24hour concierge, residents' only leisure facilities
- & Transport: DLR & Canary Wharf Underground



PROVIDENCE TOWER | £389,000 Leasehold

- & Spacious 31st floor studio suite apartment of 384 sq ft
- & High specification finish with build in wardrobes
- & Residents-only 43rd floor panoramic Skylounge & Transport: DLR & Canary Wharf Underground



21 WAPPING LANE | £425,000 Leasehold

- & One bedroom apartment with open plan reception | kitchen
- & South facing balcony with river views
- & 24hour concierge, residents' only leisure facilities
- & Transport: Wapping Overground



21 WAPPING LANE | £330,000 Leasehold

- & 14th floor studio suite apartment with south facing balcony
- & Thoughtful design with generous floor to ceiling windows & 24hour concierge on-site, residents' only leisure facilities
- & Transport: Wapping Overground



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21 WAPPING LANE | 2 Bedrooms | £590 per week

- & Two bedroom apartment with two bathrooms (1 en-suite)
- & High specification open plan reception | kitchen | dining
- & 24hour concierge, residents' only leisure facilities
- & Transport: Wapping Overground



21 WAPPING LANE | 1 Bedroom | £430 per week

- & One bedroom apartment with high specification finish
- & Open plan reception | kitchen | dining with private balcony
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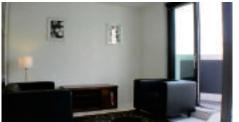
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Hera Court, E14

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- · Gated riverside development
- Allocated parking
- · Mudchute DLR

£275,000 L/H

EPC - C



- · Immaculate condition
- · Balcony, Allocated parking



£299,950 L/H

- · Two bed, two bath



21 Wapping Lane, E1W From £320,000 L/H

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EPC - C

EPC-TBC



Baltimore Wharf, E14

- · Luxury studio suite
- · Dock facing balcony
- · 24hr concierge & gym
- Crossharbour DLR

£330,000 L/H

EPC - B

- · One bedroom

- Heron Quay DLR

£370,000 L/H Landmark East, E14

- · Luxury apartment
- 24hr Concierge & gym



Landmark East, E14

- One Bedroom, 18th floor
- · East facing apartment
- 24hr concierge & gym
- Heron Quays DLR

EPC - B



Marine Wharf, SE16

- Two bed, two bath
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- · Residents Parking · Canada Water Jubilee

EPC-TBC



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EPC - B

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- Brand New Development
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- Gym and Concierge
- · Langdon Park DLR

£325pw

EPC-TBC

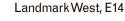


Baltimore Wharf, E14

- · Luxury Studio apartment
- · 9th floor, Balcony
- 24hr Concierge & gym
- Crossharbour DLR

£330pw

EPC B



- Two Bed, two bath
- Balcony
- · Concierge & gym
- Langdons Park DLR

EPC-C

£370pw



Matchmakers Wharf, E9

- Two Bed, two bath
- Large Balcony, Secure Parking
- 24hr Concierge & gym
- · Hackney Wick station

£370pw

EPC-C

- Pan Peninsula West, E14
 - · Luxury Apartment · One Bedroom
 - · Balcony, Concierge
 - · South Quay DLR

EPC-B

- £450pw
 - · Two bed, two bath
 - · Two balconies
 - · Secure parking

· Canada Water Jubilee Line

Watergardens Square, SE16

£490pw

EPC-C



Landmark West, E14

- · Two bed, two bath
- 25th floor
- · 24hr Concierge & gym

· Heron Quays DLR



£570 pw

EPC-B

- · Two bed, two bath • 39th floor
- · 24hr Concierge & Gym

Landmark East, E14

· Heron Quays DLR



EPC-B

- Balcony
 - Allocated Parking
- · Close to Canary Wharf

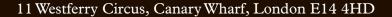








£700pw





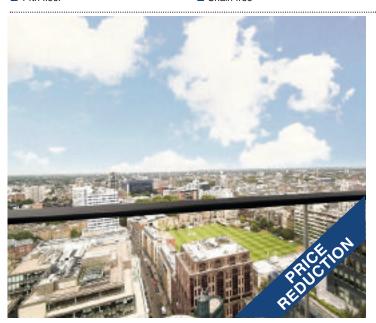
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- Immaculate throughout

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Barrier Point Road, E16 £369,995 Leasehold

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Eastern Quay, E16

- £360 p/w • Two bedroom, two bathroom apartment • Close to West Silvertown DLR
- Part furnished Tel: 020 7474 1234
- Available Now lettings@royaldocks.com

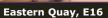


Parr House, E16 (LET)

- A two bedroom, one bath apartment
- A short walk from W.Silvertown DLR

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- Allocated Parking • Already LET, more required
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- Allocated parking Close to Pontoon Dock DLR

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£360 p/w



Caernarvon House, E16 (LET) £290 p/w

- Two bedroom apartment Allocated Parking
- Close to West Silvertown DLR · Already LET, more required
- lettings@royaldocks.com



Cliveden House, E16

- Three bedroom apartment
- Allocated parking
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- Available 13th October

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////

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- £279,995 L/H Ontario Tower, London E14
- Luxury studio apartment
- River views
- 19th floor • On-site gym & swimming pool

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Canary Central, E14

- Two bed, two bath apartment • On-site gym & swimming pool
- Engineered wood flooring
- Newly redecorated

£419,995 L/H

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Pan Peninsular, E14

- 9th floor
- Gym, swimming pool · Cinema and resident's bar on 48th floor!
- South facing

Tel: 020 7515 1575

E14sales@royaldocks.com



Baltimore Wharf, E14

- ANOTHER NEEDED!
- South facing

Tel: 020 7515 1575

• Gym, swimming pool & concierge

 Secure parking E14sales@royaldocks.com



Peninsula Court, E14

- Two bedrooms
- 2nd Floor
- Close to station
- Secure parking

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Settlers Court, E14

- ANOTHER NEEDED!
- Close to East India DLR • Large one bed apartment
 - 24 hour on-site concierge

Tel: 020 7515 1575 E14sales@royaldocks.com



Ontario Tower, E14

- Luxury suite apartment
- 19th floor

- £315 p/w
- River views
- On-site gym & swimming pool
- E14lettings@royaldocks.com



New providence Wharf, E14

- Luxury one bedroom apartment · Direct river views
- On-site gym & swimming pool
- Walking distance to CW

Tel: 020 7515 1575 E14lettings@royaldocks.com



Millennium Drive, E14

- · Ideal for sharers
- · Spacious two double bedroom apartment • Two bathrooms
- Two allocated parking spaces

Tel: 020 7515 1575 E14lettings@royaldocks.com



Premier Place, E14

- £360 p/w • Two double bedroom apartment • Ideal for sharers
- Short walk to Canary Wharf & DLR • Secure parking space

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Virginia Quay, E14

- Two double bedroom apartment
- Balcony overlooking Thames
- Short walk to DLR station Refurbished throughout

Tel: 020 7515 1575 E14lettings@royaldocks.com



Discovery Dock, E14

£550 p/w

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- On-site gym and swimming pool • Short walk into Canary Wharf

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Studio, Bethnal Green, E1 £277 pw

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Secure underground parking space located a short distance walk away from Canary Wharf Let with us and get
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Sell with us for
REDUCED commission 1%

We have high demand from our Registered Overseas Buyers

* Terms and conditions apply



Leman Street, E1

2 bed 2 bath luxury apartment set in a restored Edwardian building and finished to a high standard.



Beaufort Park, NW9 £170,000 - £320,000

Brand new Studio and 2 bed apartments with high standard facilities. Surrounded by Mediterranean style boulevard and landscaped grounds.



St George Wharf Tower, SW8 £1,650,000

Luxury 2 bed 2 bath flat in the newly built development located minutes from Vauxhall tube with a wide variety of local amenities



Warwick Road, W14 £1,200,000

2 bed 2 bath apartment located by Kensington High Street and multiple tube stations. Underground parking, Residents Gym.

We are **looking for more properties** in the Canary Wharf, Docklands and surrounding areas in London.

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Chase Evans



Pan Peninsula, E14

£1.350.000 L/H

Two bedroom, two bathroom 'Premier' apartment on the 36th floor offering a very high spec finish, three balconies and breathtaking views across the London skyline. Facilities include a residents' only cinema, fully staffed ym, 48th floor cocktail bar, on site restaurant and 24 concierge. Pan Peninsula 020 7536 7900



Marner Point, E3

£460,000 L/I

Three bedroom, two bathroom apartment with private balcony on the tenth floor of this stylish tower ideally located next to Bromley by Bow tube station. High quality finishing throughout, 24 hour concierge service, residents' gymnasium and communal roof terraces.

Canary Wharf 020 7515 1000



21 Wapping Lane, E1

£450 pw

Two double bedroom, two bathroom apartment in this new development with concierge located just minutes away from 5t katherine's Dock and Tower Bridge. The property is offered designer furnished with fully fitted and appliance kitchen and private balcony.

Pan Peninsula 020 7536 7900

Canary Wharf office

Horizon Building, 15 Hertsmere Road, London E14 4AW Tel: 020 7515 1000 | canarywharf@chaseevans.co.uk

Docklands office

St Davids Square, 320 Westferry Road, London E14 3QL Tel: 020 7510 8444 | docklands@chaseevans.co.uk



St Davids Square, E14

f1 200 000 L/F

1,535 sq ft sub penthouse in this popular, riverside development with 24 hr concierge, swimming pool and gym. Three double bedroom apartment with uninterrupted river Thames views towards Greenwich, the Cutty Sark and Maritime Museum. Extensively refurbished.

Docklands 020 7510 8444



Proton Tower, E14

£3/9,995 L/F

Well presented, contemporary, two bedroom, two bathroom apartment with river Thames and 02 views, situated on the ninth floor of this popular development with residents' gym and 24 hour concierge located just moments from East India DLR.

Pan Peninsula 020 7536 7900



Caspian Wharf, E3

£385 pw

Two bedroom, two bathroom apartment set on the 5th floor of this fabulous Berkeley Homes development with 24 hour concierge. The property boasts a private roof terrace with views towards Canary Wharf, high specification and designer furnishing.

Canary wharf 020 7515 1000



No 1 West India Quay, E14

£650,000 L/H

Two double bedroom, two bathroom, 19th floor apartment of approx. 950 sq ft. Light reception room with panoramic views through floor to ceiling windows, open-plan kitchen, utility room and stylish bathrooms. Quayside location opposite the Canary Wharf estate.

Canary Wharf 020 7515 1000



Fathom Court, E16

£324 995 I /F

Two bedroom, two bathroom apartment on the 5th floor of this dockside development. The property features an open plan kitchen with integrated appliances, en-suite bathroom in the master bedroom and a large wrap around terrace offering stunning views towards the marina.

Docklands 020 7510 8444



Bow Central, E3

£300 pv

A large, third floor, one double bedroom apartment offered designer furnished. This stunning property offers a fully integrated kitchen, spacious reception room with Juliet balcony and is set within a lovely gated development located close to Bow Road tube station.

Docklands 020 7510 8444

Pan Peninsula office

Pan Peninsula, 1 Millharbour, London E14 9XP Tel: 020 7536 7900 | panpeninsula@chaseevans.co.uk

Head office and Property Management

Third Floor, 6 Malvern House, 199 Marsh Wall, London E14 9YT Tel: 020 7510 8430 | propertymanagement@chaseevans.co.uk



WE KNOW WHY PEOPLE LOVE LIVING IN CANARY WHARF GREAT PLACES TO EAT AND DRINK, A MOMENT'S COMMUTE TO ONE OF WORLD'S FINANCIAL POWERHOUSES, A FRESH BREEZE FROM THE RIVER AND APARTMENTS WITH STUNNING VIEWS.

Unit 2, South Quay Plaza, 185 Marsh Wall, Canary Wharf, London, E14 9SH





NEW PROVIDENCE WHARF, E14 £575pw

Exceptional two bedroom, two bathroom apartment, offered fully furnished this apartment boasts direct river views and views from the O2 arena from the private balcony. Spacious, bright and airy throughout with hardwood floors. The development offers superb facilities including gym, pool and 24hr concierge.

CANARY WHARF 020 7093 1600 Ref: FJL001



PAN PENINSULA, E14

£420pw Wonderful one bedroom apartment with great views, located on the 16th floor with large open plan living area, luxury fitted kitchen and balcony. Benefits include fantastic leisure facilities including gym, pool, sixth sense spa, 24hr concierge and cinema.

CANARY WHARF 020 7093 1600 Ref: FJL002 | EPC - B



£240pw KATHARINE COURT, E14

Fantastic one bedroom apartment in this new build development of only twelve units. Open plan living space and fully equipped modern kitchen with brand new appliances. Offered fully furnished with wood floors and private balcony. CANARY WHARF 020 7093 1600 Ref: FJL003 | EPC - C

WHEAT SHEAF CLOSE, E14

Fabulous two bedroom apartment which offers a bright spacious lounge with beautiful dock views, a master bedroom with en suite, a further double bedroom and a large modern bathroom. Benefits include parking.

CANARY WHARF 020 7093 1600 Ref: FJL006 | EPC - C



CITY TOWER, E14

£290pw

Spacious one bedroom apartment located minutes from Crossharbour DLR. Large open plan living area with wood floors, floor to ceiling windows, luxury fitted kitchen and stylish bathroom suite. Benefits from 24hr concierge.

CANARY WHARF 020 7093 1600 Ref: FJL004 | EPC - C



ABILITY PLACE, E14 £440pw

Sensational two bedroom apartment on the 10th floor close to South Quay DLR Station, Offered well furnished throughout, boasts luxury kitchen and bathroom. Open plan living space leading to private balcony. The development boasts fantastic leisure facilities including gym and training pool along with 24hr concierge

CANARY WHARF 020 7093 1600 Ref: FJL005 EPC - B



ORION POINT, E14

£385pw

Wonderful two bedroom, two bathroom apartment. Offered stylishly furnished, extremely spacious throughout with large lounge, private balcony and open plan kitchen. To include 24hr concierge and parking included.

CANARY WHARF 020 7093 1600 Ref: FJL007 | EPC - B

NEW ATLAS WHARF, E14

£575pw

Exclusive and spacious three double bedroom apartment in excess of 1000sq ft which boasts private balcony offering direct views over the river Thames. Offered unfurnished and gated development. Spacious and bright, open plan living space with hard wood floors. Offers leisure facilities and parking for two cars

CANARY WHARF 020 7093 1600 Ref: FJL008 EPC - B





AMSTERDAM ROAD, E14 £290pw

Fantastic bright and spacious one bedroom private riverside apartment. Offered with wood floors throughout, good quality furniture, large open plan living space with big windows. Great size bedroom with plenty of storage and modern shower room.

CANARY WHARF 020 7093 1600 Ref: FJL009 | EPC - B



CASSILIS ROAD, E14

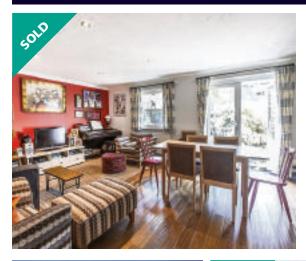
Stylish two bedroom apartment located in South Quay. Furnished to a high standard throughout this property has a luxury open plan kitchen, spacious lounge with wood floors and floor to ceiling windows.

CANARY WHARF 020 7093 1600 Ref: FJL010 | EPC - C

WE KNOW WHY PEOPLE LOVE LIVING IN CANARY WHARF GREAT PLACES TO EAT AND DRINK, A MOMENT'S COMMUTE TO ONE OF WORLD'S FINANCIAL POWERHOUSES, A FRESH BREEZE FROM THE RIVER AND APARTMENTS WITH STUNNING VIEWS.

Unit 3c, South Quay Plaza, 185 Marsh Wall, Canary Wharf, London, E14 9SH





LOCKESFIELD PLACE, E14 f474.995

This beautifully appointed house was sold in excess of its asking price within 24 hours of being placed on the market. We have buyers waiting for similar properties. If you have a house to sell then call ASAP.

CANARY WHARF

Ref: FJL026904158

0207 987 6776



£399,995

This larger than average two double bedroom apartment offers a generous amount of living space along with far reaching easterly views. This riverside development includes gated parking and 24 hour concierge

CANARY WHARF 0207 987 6776 Ref: FJL026904168 | EPC - C



ARES COURT, E14

This large one double bedroom apartment comes with far reaching views towards the Canary Wharf skyline. Having undergone a significant refurbishment programme this sleek, contemporary styled apartment is ready to move straight in to. CANARY WHARF 0207 987 6776 Ref: FJL026904169 | EPC - B

WE NEED YOUR PROPERTY!

After a successful summer selling property we are now in need of 1 and 2 bedroom apartments in E14. We have financially qualified buyers ready and waiting so call now for a free valuation. CANARY WHARF 0207 987 6776



NEW ATLAS WHARF, E14 £449,950

Positioned on the 3rd floor of this popular river side development is this well proportioned two double apartment with direct views across The River Thames. This contemporary styled property is within walking distance to Canary Wharf.

CANARY WHARF 0207 987 6776 Ref: FJL026904139 | EPC - C



BARNSDALE AVENUE, E14 £499,995

Sold in 1 day £20,000 over asking price. Similar required for waiting buyers. This immaculate three double bedroom family sized house comes with a lovely east facing garden and a useful integral garage. With well proportioned rooms and a contemporary interior this house is in perfect condition BALTIMORE WHARF, E14 throughout.

CANARY WHARF 0207 987 6776 Ref: FII 026904143 EPC - B



An attractively priced two double bedroom apartment positioned on the raised ground floor of Baltimore Wharf. This east facing apartment is finished to a high specification throughout and comes with valet parking, gym, pool and leisure facilities.

CANARY WHARF 0207 987 6776 Ref: FJL026904145 | EPC - C

INDESCON SQUARE, E14 £599,995

This rare apartment comes with a spacious living room and three large double bedrooms. With a bright westerly aspect, this well presented sixth floor apartment also includes a secure car parking space. Indescon Square is within a few minutes walk to Canary Wharf and South Quay DLR.

CANARY WHARF 0207 987 6776 Ref: Ell 026904157 FPC - C





LANGBOURNE PLACE, E14 £449,995

This spacious two double bedroom apartment is finished to a high specification throughout. With floor to ceiling windows allowing for a good amount of natural light this riverside apartment also comes with two bathrooms and off street gated parking.

CANARY WHARF 0207 987 6776 Ref: FJL026904154 | EPC - C



LANDMARK TOWER, E14 f600,000

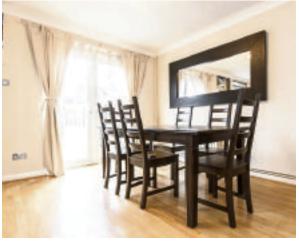
Do you own a property in Landmark Tower? Take our two week challenge to sell your property. Call now for more information about our exclusive selling fee.

CANARY WHARF 0207 987 6776 Ref: FJL026904125 | EPC - C

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BELLOT STREET, SE10 £455,000

A fully modernised, three bedroom house located on a popular residential street in East Greenwich, benefitting from convenient transport links, and a large private rear garden.

GREENWICH

020 8293 8555

Ref: FJL027104020



VICTORIA GATE GARDENS, SE10 £975.000

Victoria Gate Gardens is an exclusive, brand new gated development in The Ashburnham Triangle, comprising two luxury detached houses featuring three large double bedrooms and secure, off street parking.

GREENWICH 020 8293 8555 Ref: FJL027103773 | EPC C



FARNSWORTH COURT, SE10 £450,000

A larger than average, light and airy apartment located on a sought after riverside development, featuring generous accommodation, courtyard views, secure parking, on-side ecology park, and concierge facilities.

GREENWICH 020 8293 8555

Ref: FJL027103971 | EPC B

VANILLA & SESAME COURT, SE1 £799,995

This gorgeous two bedroom two bathroom apartment is found on the 5th floor of this central Shad Thames development. Internally this spacious apartment offers views towards the Shard, fully integrated kitchen and secure parking included.

£595,000 SHAD THAMES 020 7089 6490 This beautiful one bedroom Ref: FJL027604459 | EPC - C



BOSS HOUSE, SE1 £395,000

Located on the third floor of this converted tea warehouse is this fantastic apartment featuring exposed brickwork, views towards the Shard, concierge and no onward chain. Early viewing is highly recommended.

SHAD THAMES 020 7089 6490 Ref: FJL027604432 | EPC C



GINGER APARTMENTS, SE1 £595,000

apartment is located within this desirable building in the heart of Shad Thames. Offering private balcony, multi-paned windows, concierge and secure parking, this property is one not to miss.

SHAD THAMES 020 7089 6490 Ref: FJL027604433



THE GRANGE, SE1

£550,000

A stunning two bedroom, two bathroom apartment located within this gated development offering views of the Shard, luxury high gloss kitchen high ceilings and secure parking. Viewing highly recommended.

SHAD THAMES 020 7089 6490 Ref: FJL027604461 | EPC C

ELEPHANT LANE, SE16 £875,000 - £900,000

A beautiful architect designed mid terrace house set on the edge of Rotherhithe Village and Bermondsey, benefitting from gracious living and entertaining spaces, landscaped garden with secluded deck and three balconies

SURREY QUAYS 020 7237 2320 Ref: FJL113200875 EPC E





HAYS COURT, SE16 £700,000 - £750,000

A rare gem on Rotherhithe Street is this unique warehouse conversion set directly on the river. The property is on the top floor of this small development and offers amazing views from the private balcony as well as private garage.

SURREY QUAYS 020 7237 2320 Ref: FJL113200741 | EPC C



GLOBE WHARF, SE16 £500,000 - £550,000

Ref: FJL113200846 | EPC C

A two bed, two bath warehouse conversion on the fourth floor of this popular converted Rice Mill, the property benefits from exposed brickwork, separate kitchen and allocated parking as well as en-site gym and use of swimming pool.

SURREY QUAYS 020 7237 2320





CANVEY ISLAND

Clyde Crescent, SS6

GP: £190,000 - £200,000



Semi Detached Bungalow. Two Bedrooms. Conservatory. South Facing Garden. Close to Rayleigh High Street. Large Driveway. No Onward Chain. Council Tax Band: C. Energy Band: D.

Steli Avenue, SS8

£269,995

£387,500



Four Bedrooms. Lounge. Kitchen/diner. Cloakroom. En-suite Shower Room. Front And Rear Gardens. Close To Train Station. Council Tax Band: E. Energy Band: C.

Canvey Island 01268 510510

Barnards Avenue, SS8

£162.000



Detached Bungalow. Two Bedrooms. Garage. Off Street Parking. Quiet Location. No Onward Chain. Council Tax Band: B. Energy Band: D.

Canvey Island 01268 510510

BENFLEET

Canvey Island 01268 510510

Stock, CM4

E249 995



Superb Three Bedroom Terrace House. Refurbished To High Standard By Current Owner.
Three Good Sized Bedrooms. Landscaped Rear Garden. Luxury Refitted Kitchen. Luxury
Refitted Bathrooms. Garage And Drive. Cul De Sac Location. No Chain. Energy Band D.

Herongate, SS7



Four Double Bedroom Detached House. Master Bedroom With Adjoining Dressing Room & En-Suite. Four Piece Family Bathroom. Independent Driveway. Double Garage. Attractive Rear Garden. Double Glazing, Popular Cul-De-Sac Location. Energy Band: D.

Benfleet 01268 565555

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Why not commute from Canvey or Benfleet in Essex and be there in under an hour*!

*Route time based on 7:39 C2C train from Benfleet Station

DOCKLANDS

Canary Riverside, Belgrave Court

Benfleet 01268 565555

£650 nw



Furnished Two Bedroom Two Bathroom Apartment; Approx 99ms / 1065sq Ft. Only Residential Development Within The Canary Wharf Estate. Tube Station & The Thames Clipper Mooring Just Moments Away. West Facing River Views. 24 Hour Concierge & Secure Parking Bay. Energy Band: B

Docklands 0207 517 8810

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Opportunity to join our established team. Responsible for growing our existing sales business from our prominently located Canary Wharf office. Applicants must have a proven track record in the Docklands market.

£Basic Salary + Very competitive commission + car.

Senior Letting Negotiator

Benefit from use of the latest lettings software, our terrific office location and full administrative support. Potential to move into a supervisory position. You will have at least one year's residential experience preferably within the Docklands area. Ideally applicants will be ARLA qualified. £High Basic Salary + Very competitive commission rates + car.

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Docklands office

429 Westferry Road, London E14 3AN e docklands@hollandproperties.co.uk

t 020 7538 5554

Surrey Quays office

192 Lower Road, Surrey Quays, London SE16 2UN e surreyquays@hollandproperties.co.uk

t 020 7231 8160





Vermeer Court, E14

Three bedroom furnished apartment located on the 1st floor. Overlooking the Thames, 2 balconies, wooden floors and fully furnished. Three double bedrooms, GCH, 2 bathrooms, ample storage space.



One bedroom ground floor apartment situated within this highly desirable cul-de-sac, located within a 1/2 mile radius of Crossharbour and South Quay DLR station.



East Ferry Road, E14 £600 p/w
The property offers two reception rooms, modern kitchen with dining area and large garden. Recently refurbished throughout with two bathrooms. Offering easy access into Canary Wharf and the City.



Perry Court, London, E14 £384,995 Freehold
A fourth floor two bedroom apartment with access to own private balcony offering side river views and views, fitted kitchen, two double bedrooms (Master with en-suite), plus parking. No onward chain.



Chapel House Street, E14 £420 p/w
Three bedroom house located within this popular conservation area. Located near to Mudchute DLR and only a short distance from the tower blocks of Canary Wharf and local amenities. Available 25th September.



Tarplett House, London, SE14

One bedroom second floor apartment comprising entrance hallway, reception room, fitted kitchen, double bedroom and bathroom and off street parking. PLEASE NOTE THIS IS AN INVESTMENT PROPERTY AS IT IS CURRENTLY RENTED UNTIL FEB 2014.

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DOCKLANDS & SURROUNDS



Stepney, E1

W.J.Meade are delighted to offer for sale this end of terrace two storey house. The many features include reception room, two double bedrooms, one single bedroom, kitchen/breakfast room, small front garden, spacious rear garden, first floor bathroom, separate WC, gas central heating, laminate wooden flooring.

£384,950 F/H



Mile End, E3

W.J.Meade are delighted to offer for sale this three storey modern town house within the Tredegar Square conservation area. The many outstanding features include three bedrooms, two bathrooms, designer fitted kitchen, reception room, guest cleatrooms, south west facing conservatory and patio garden, walk-in storage cupboard, allocated off street parking behind security gate, alarm system direct to police station. Walking distance to Mile End central line station and ideal for purchasers working in the West End, City and Docklands.

£660,000 F/H



Stepney, E1

W.J. Meade are delighted to offer for sale as sole agents this impressive double fronted period house set within this unique, quaint private cul-desac. The many outstanding features include living/dining room with designer open plan kitchen, twin aspect sash windows, wooden flooring, utilify room with WC, first floor bathroom, two double bedrooms. Walking distance to Stepney Green underground station and close to local shops and amenities.

£565,000 L/H



Canary Wharf, E14

WJ Meade are pleased to offer this superbly well presented first floor apartment within a desirable riverside development, closely situated to Canary Wharf. Set behind security gates off a quaint pebbled street. Boasting direct views over the river towards the O2 Arena, internally arranged over 605 ft with a dual aspect reception room open plan to fully fitted kitchen, West facing balcony, double bedroom with fitted wardrobes and stylish shower room.

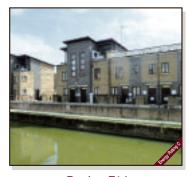
£325 pw



Bow, E3

W.J.Meade are pleased to offer this well presented split level apartment set within a gated modern development. Arranged with a designer fitted kitchen, reception room, south facing patio, stylish bathroom suite, three double bedrooms and private garage. Also benefiting from gas central heating, alarm system and entry phone. Situated conveniently for Bow Church DLR and Bow Road underground stations. Chain free.

£399,995 S.O.F.



Poplar, E14

W.J.Meade are pleased to offer this two double bedroom apartment set alongside the Limehouse Cut canal. Arranged over 840 sq ft with an eat-in kitchen, separate reception, south facing balcony and three piece bathroom suite. Benefiting from gas central heating, own private entrance, loft storage and water views. Chain free.

£295,000 L/H



Mile End, E3

W.J.Meade are delighted to offer for sale this end of terrace period house which is in the centre of the Tredegar Square conservation area. The many outstanding features include 5 bedrooms, through hiving room, designer fitted kitchenfdining room, designer bathroom, shower room en-suite, south west facing rear garden, gas central heading. Wakking distance to Mile End central line station and Bow district line station and easy access to DLR station. This property is ideal for purchasers working in the West End, City and Docklands.

£850,000 F/H



Isle Of Dogs, E14

W.J. Meade are pleased to offer this stunning two bedroom apartment, located in pepper street. North facing terrace with views of Canary Wharf. Benefits include: Fully furnished, modern decor throughout, walking distance to South Cuay D.R. Canary Wharf Jubilee line and Canary Wharf shopping centre. Offers two double bedrooms, shower room, separate bathroom, fully fitted modern kitchen, spacious lounge with a private terrace. Comes with allocated parking. Available November 1st.

£385 pw

020 8221 8161

STRATFORD & ROYAL DOCKS



Stratford, E15

Offering for sale this three bedroom house arranged over three floors, situated on a quiet residential road off the Portway. The property benefits from a garage/off street parking, kitchen/diner and is only a short walk away from West Ham Park.

£350,000 F/H



Stratford, E15

Large one bedroom 'Penthouse' apartment set in this popular established development on Stratford High Street. Offering on-site gym and sauna facility, along with an allocated parking space. This property has been well maintained by its previous owner and must be seen.

£237.500 L/H



Beckton, E16

W J Meade are delighted to offer for sale this deceptively large four bedroom house. The property benefits from an open plan lounge / kitchen, downstairs W/C, double glazing and gas central heating. This property is also situated in a quiet cul-de-sac.

£300.000 F/H



Stratford, E15

WJ Meade are pleased to offer this stunning three bedroom split level apartment with tonnes of character. Including fully fitted kitchen, two bathrooms and fully furnished.

£380 pw/£1,650 pcm

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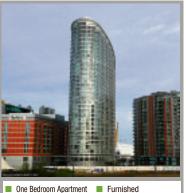


- Development opportunity ■ Great location Huge potential Private Yard
- Braganza Street, SE17 £800,000



- Four bedroom Newly renovated Maisonette Garden Good transport links Spacious
- Roseberry Street, SE17

£554pw



- Stunning views
- Leisure Facilities 24hr Concierge
- Ontario Tower, New Providence Wharf, E14 £425pw



- Four Bedroom House
 - Stylish decor
- High quality
- Travel links

Trafalgar Grove, SE10

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MAST HOUSE TERRACE, ISLE OF DOGS, E14

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- * Three double bedrooms
- * Three bathrooms
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- * Garage with expansion potential
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THE GRAINSTORE, WESTERN GATEWAY, E16 £350 PW

- · Two bed duplex apartment
- Furnished on 2nd floor
 - · Circa 737 sq ft
- Available 24th September



TROON HOUSE. WHITE HORSE ROAD, E1 £449 PW

- 3 Bed Split level apartment
 - · Ex local authority
 - · Beautiful garden
- Available End Of September



ROCHE HOUSE, BECCLES STREET, E14 £253,000

- Three Bedroom Apartment
- Ex local authority
 Situated On Ground Floor
- · Close to Westferry DLR



GOODHART PLACE, HORSEFERRY ROAD, E14 £750,000

- Four bed duplex apartment
- · Separate kitchen to living room
 - Circa 1,362 sq ft
 - Close to Limehouse DLR

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£465,000

BLENHEIM ROAD, WOOLWICH ROAD, SE10

- * Three bed penthouse apartment
- * Panoramic Views
- * Property circa 1,001 sq ft
- * Balcony views of Canary Wharf
- * Car Parking Space
- * Walking Distance To Greenwich Park
- * Excellent Transport Links



PLUMSTEAD, SE18 £415 PW

- Five bedroom house
- Two receptions & dining room Private roof terrace
- Available 10th September



PARK ROW, GREENWICH, SE10 £737 PW

- Four bedroom house
- · Built over three storeys • Minutes to Greenwich Park
 - Available Now



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- Two bedroom apartment
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- · Private roof terrace and balcony · Close to North Greenwich Station



GREENWICH, SE10 £525,000

- Three Bedroom House
- · Built over three storeys · Private rear garden
- Car Parking Available



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Constable House · Canary Central · E14

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£ 430 p/w





Lanterns Court · Denison House · E14

Life is pleased to present this 925 sq/ft (85.93 sq/m) bright and airy 3 double bedroom apartment. Located on the 6th floor of Denison House within the Lantern's Court development which is located 2 minutes walk to South Quay DLR, in the heart of canary Wharf.

Asking Price £ 600,000.00



Lanterns Court · Trinity Tower · E14

This property has a spacious open plan kitchen and living area. The stylish kitchen is fully integrated with all the modern conveniences. Both large double bedrooms also have ample storage space. Master bedroom with en-suite bathroom. 1345 sq/ft (124.95 sq/m) internal floor space. 24 Hour concierge and residents gymnasium.

Asking Price £ 875,000.00



Gainsborough House · Canary Central · E14

2 bedroom, 2 bathroom apartment | Available Now $\,$ | Close to South Quay DLR | Parking Space included | On-Site Gymnasium



Great Tower Street · EC3R

2 bedroom, 2 bathroom apartment | Available Now | Extremely Spacious | Newly Refurbished| Grade II listed building

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Fathom Court, Shadwell, E1 Two bed pub conversion, Private terrace, double aspect reception, Fitted kitchen, Shadwell DLR & Tube station, Bike store.

Carmine Wharf, Limehouse Cut, E14 Two bedroom flat, 675 sq ft / 63 m2, secure parking, balcony, courtyard views, Westferry DLR. £350,000



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Goodhart PI, Limehouse. E14 3 bedroom town house with garage. Fully furnished with stunning finish. £850 per week

Wick Lane Wharf, Fish Island, E3 Selection of 2 & 3 bedroom apartments available either furnished or unfurnished. £340 per week



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East India Dock Road.E14

balcony Westferry DLR.

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Medland House, Limehouse Basin, E14

Two bedroom flat, 856 sq ft / 80 m2, Balcony with basin

views, 24hr porter, Secure parking & block, Limehouse DLR.

Medland House, Limehouse Basin, E14

views, Parking, Large balcony, 24hr porter, Limehouse DLR.

Two bedroom flat, 985 sq ft / 92 m2, Secure block, Basin

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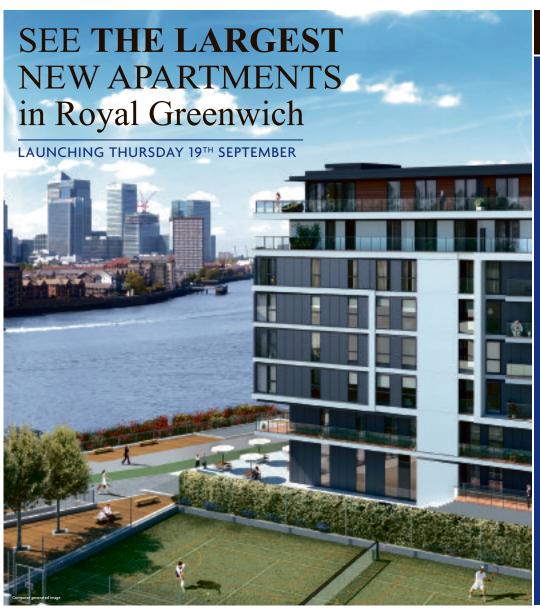
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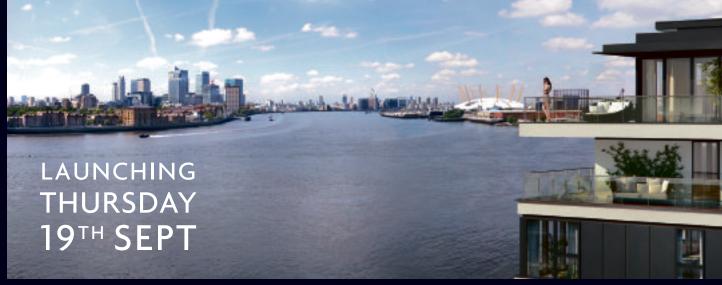






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